

NURSING OF THE ADULT CLIENT II FALL 2009 Students

Dear Fall NAC II Student:

The course begins on **August 17th for evening and day students. Course orientation for day students, even sections will be at 8 AM and for odd sections it will start at 10 AM. Evening students will attend course orientation at 4 PM. All orientation sessions will be held in room 439. Please note that course orientation is mandatory.**

You **must** validate that the following **requirements** are current in order to progress in the curriculum: **CPR, student liability insurance, health insurance, and TB testing.** CPR and TB must be **valid through the entire semester.** If they expire during the semester you **must renew prior to the 1st day of class. Students must bring copies of: CPR, liability insurance, health insurance and TB testing with them on the 1st day of class.** You will be asked to present verification **if these are expired or there is no documentation on record. If these are not documented, you will lose your section placement and enrollment in the same section is not guaranteed.** Students **may not take exams, perform skills or attend clinical** unless all of the above are verified as current.

Course calendars for the evening and days sections will be posted on the CSN Web page NAC II course site at a later date. This web page is accessible through the CSN website via the DCC web page. Please plan to attend lectures the first week. Students will be expected to attend lectures on the days and times that they are scheduled according to their sections.

Clinical orientation is mandatory and is scheduled on August 26th. Students may be dropped from the course if they are unable to attend mandatory orientations.

The clinical rotation schedule should be considered **tentative** at this time. The final schedule will be presented during course orientation. **Section changes will be done during the first week of the course. There is a sign up sheet located on the table outside my office, room 3012, for students who want to request a section change. Due to limited space, only students who have partners will be able to switch.** Clinical days are 8 hours. Please plan your schedule to allow for flexibility during clinical days. Some community rotations are spread out over various days of the week and the ER clinical may have an evening rotation. **Please note that 301-316 are considered day clinical/class sections and 371-374 are considered evening clinical/class sections.**

A requirement for NAC II is a medication skills check-off on IM, SQ, and IVPB administration. Some drug calculations are required. **A satisfactory performance is required.** The check-off will take place during the first 2 weeks of the course. This is a retest of essential skills that must be successfully completed before medications can be administered in clinical. Please review these medication administration skills utilizing materials from the previous courses.

You will also be required to pass a drug calculation exam which is scheduled at the end of the first week of school. **A passing score of 90 is required.** There will be **two** opportunities to

retake the exam. **You will not be allowed to take the exam if any of the following are not current: CPR, student liability insurance, health insurance or TB.** Students who fail the exam will **not** be allowed to administer medications in the clinical area. This will result in a failure to meet required objectives of the course. The student will be **required to withdraw** from the course. The Pharmacology module and sample problems will be posted on the NAC II web page to help you prepare for this exam.

NAC II students will be required to take an exit exam (HESI test) at the end of the course. Students who score less than 900 will be required to attend the **Elsevier NCLEX Review Course** which will be offered here at the school of nursing. Students will also be required to take a **HESI retake exam**. The Review Course and the HESI retake will be scheduled in the 2 weeks following the final exam. Please keep this in mind when planning your personal schedules. It is the student's responsibility to plan their schedules accordingly to meet these **mandatory** requirements.

Completion of the NCLEX REVIEW COURSE and the second HESI exam are **graduation requirements for students who score less than 900** on the first HESI test. Students who do not complete the course prior to pinning or graduation will be allowed to participate in these ceremonies, but will **not** receive the Charity pin and transcripts will not be sent to the LSBN until the graduation requirements are complete. Applications for licensure will **not** be processed by the Louisiana State Board of Nursing without verification of program completion and receipt of the official transcripts.

Required Texts:

1. Lewis, S. & Heitkemper, M.M., Dirksen, S.R., O'Brien, P.G. & Bucher, L. (2007). *Medical-surgical nursing: Assessment and management of clinical problems*. (7th ed.). Elsevier-Mosby.
2. Kelly, P. (2008). *Nursing Leadership & management*. (2nd ed.). Thomson-Delmar.
3. Baird, M., Keen, J. H. & Swearingen, P.L. (2005). *Manual of critical care nursing: Nursing interventions and collaborative management* (5th ed.). Elsevier – Mosby.
4. Perry, A. & Potter, P. (2006). *Clinical nursing skills and techniques*. (6th ed.). Elsevier-Mosby.

NAC II skills:

You can become familiar with new skills that will be checked off by reviewing the following in Perry & Potter (2006): Pages 1012-1043 in Chapter 30, NGT placement and feedings. Pages 745-751 in Chapter 21, Administering Medications by IV bolus. Pages 898-921 in Chapter 27, Initiating IV Therapy. Pages 1443-1451 in Chapter 43, Specimen Collection by Venipuncture. Pages 841-852 in Chapter 24, Performing Tracheostomy Care.

Web Sites:

Use the following reading assignments to help you prepare for test 1.

****Required Readings: Code Management & Code Workshop**

1. **Highlights of the 2005 American Heart Association Guidelines for CPR and Emergency Care**

<http://www.americanheart.org/downloadable/heart/1132621842912Winter2005.pdf>

pages 11-22

2. **Major Changes in the 2005 AHA Guidelines doe CPR and ECC**

http://circ.ahajournals.org/cgi/content/full/112/24_suppl/IV-19

3. **Management of Cardiac Arrest:**

http://circ.ahajournals.org/cgi/content/full/112/24_suppl/IV-58

4. **Management of Cardiac Arrest:**

http://circ.ahajournals.org/cgi/content/full/112/24_suppl/IV-67

5. **Hands-only (Compression-Only) Cardiopulmonary Resuscitation**

http://circ.ahajournals.org/cgi/content.full/112/24_suppl/IV-6

6. Editors of Nursing 2007. (2007). Monitoring end-tidal carbon dioxide. Nursing 2007, 37 (5), 48-49.

ECG Introduction/Dysrhythmias: Uddo/Garretson

Lewis, Heitkemper, & Dirksen (2007) pages 740-751, 756-758, 842-858; Answer NCLEX Review Questions and Critical Thinking Questions on pages 863-864.

CSN Multimedia Library: Computerized EKG Interpretation Chapter. VIEWING this PRIOR to class is MANDATORY.

Baird, Keen, and Swearingen (2005). P 231-55, 258-9, 606-620, 622-25, 549-566, 550, 553, 555, 557, 560 Pacing Made Easy” <http://www.6.medical.philips.com/CMSMEDIA/pacing>

Lewis, Heitkemper, and Dirksen (2007). Read pages 857-863.

Baird, Keen, and Swearingen. (2005). Read pgs. 254-261.

Required Readings for Abnormal Assessment Lecture: Cheree’ Wiggins, RN, MN

Respiratory

Lewis Chapter 26

pg 517 Table 26-4

pg 519 Table 26-6

pgs 524-26 Tables 26-8, 26-9, 26-10

pgs 531-32 NCLEX Review Questions

Cardiovascular

Lewis Chapter 32

pg 744 Table 32-1

pg 32-2 and 32-3

pg 747 “Gender Differences” (box at bottom of page)

pgs 749-50 Table 32-5 and 32-6

pgs 750-51 Auscultation and Murmurs

pg 760 Hemodynamic Monitoring and NCLEX Review Questions

Neurological

Lewis Chapter 56

pg 1452 Gerontologic Considerations

pg 1452 Table 56-5

pg 1459 Table 56-7

pg 1460-61 Table 56-8

Lewis Chapter 57

pg 1470 “change in level of consciousness”

pgs 1476-1478 and table 57-5 and figure 57-11

Abdominal/Gastrointestinal/ Nutrition

Lewis Chapter 39 and 40

Pgs 932-933 Gerontologic Considerations and table 39-5

Pgs 936-938 physical examination

Pgs 939-40 table 39-10 and 39-11

pg 952 Table 40-5

Baird, Keen & Swearingen pgs 1-4 and 545-566

Hemodynamic Monitoring

Baird, Keen & Swearingen pages 23-31

Management-Required:

Kelly, P. (2008) Nursing Leadership and Management (2nd ed.) Delmar Learning

Chapter 1 p.1-30, Chapter 8 p. 188-205, Chapter 10 p. 225-245, Chapter 11 p. 246-258, Chapter 12 p. 259-271, Chapter 16, p. 341-367, Chapter 17 p. 368-386, Chapter 18 p. 387-407, Chapter 22 p.481-498 Read prior to lecture.

Internet Assignment:

www.lsbn.state.la.us

Louisiana State Board of Nursing site. Read and know:

- 1) Rules & Regulations: Chapter 37, Nursing Practice;
- 2) Definition of Terms Applying to Nursing Practice: Delegating;
- 3) Declaratory Statements: RN Delegating Select Nursing Tasks to Unlicensed Personnel

Prepare ahead for the drug calculation exam and make sure that all requirements have been updated. Have a good vacation and we will see each of you on August 17th.

Joan Hodge and NAC II Faculty