



WELLNESS WEDNESDAYS FEATURES LUNG FUNCTION SCREENING SEPT. 24

With all the stress of the hurricane evacuations recently, the Wellness and Fitness Center and Respiratory Care Technology Program invite students, faculty and staff to “take a deep breath” at a free Lung Function Screening outside of the City Park Fitness Center (courtyard side) 11 a.m. – 1 p.m. on Wednesday, Sept. 24.

Participants will be screened using Spirometry, which assesses whether an individual has normal or abnormal lung function.

The event kicks off the start of fall Wellness Wednesdays, which feature wellness information and resources weekly.

For more information about Wellness Wednesdays, contact program creator Mike Ricca at mricca@dcc.edu or Debbie Kern, Wellness and Fitness Centers director, at dckern@dcc.edu.