

The Dolphin

March-April 2010

Delgado Community College

Volume 41: Number 3

French Quarter Festival

27 years later, still a strong thread in the fabric of New Orleans culture



Photo courtesy of www.yesjazz.nl

Marching through the streets of the French Quarter.

By J.C. Romero

New Orleans is known for its many traditions and the continuous partying of the city's natives. Just when many thought that the festivities were over, especially after Mardi Gras and the Saints' celebrations, sneaking up very quickly are numerous other events, including the New Orleans French Quarter Festival.

Celebrating its 27th year, the French Quarter Festival will be in complete action the weekend of Friday, April 9 through Sunday, April 11, 2010, in one of the world's most historic cities. Often known as "The World's Largest Block Party," it is extremely popu-

lar for being the biggest free music festival in the south.

According to frequent festival attendee Felicia Martin, the event is worth every minute a person spends there. "It's free, caters to diverse crowds, and it's awesome" said Martin.

With approximately 10 stages, the French Quarter Festival accommodates the thousands of locals and tourists who attend, by involving various kinds of music genres, including folk, Cjaun, jazz, R&B, and so much more.

Unlike many other festivals, such as Jazz Fest and Voodoo, one of the main purposes of the French Quarter Festival is to support local New Orleans art-

ists. J.J. Caillier and the Zydeco Knockouts, Bonerama, Irvin Mayfield and NOJO All-stars, Rebirth Brass Band, Bamboula 2000, Trombone Shorty and Orleans Avenue, and the legendary Charmaine Neville will be amongst the over 450 performers at the festival this year.

Besides the incredible music selections, the French Quarter Festival is famous for the wide range variety in choices there are of local foods.

Crawfish bread, hot sausage po-boys, alligator, and Cajun meat pies are some of the more popular foods served, and with over 105 food and drink booths, everyone is sure to find something enjoy-

able. "The varieties of food are beyond imaginable," said English major Laura Kinsley. "They have food for all types of people, including vegetarians."

Some places or restaurants that will be having concessions at the event this year include: Hard Rock Cafe, Bubba Gump Shrimp Co., Lakeview Harbor, The Court of Two Sisters, Tujague's, Daiquiri Delight Shop, House of Blues, NOLA/Emeril DelMonico, Little Tokyo, Pat O'Brien's, and so many more.

Each year, a new poster is made for the festival. This time around, local artist, Christy Works-Boutte was the designer of the festival's poster. Boutte is known for her tre-

mendous artistic contributions to many of the events that occur on a yearly basis in New Orleans. (See story on page 7)

The staff and volunteer members of French Quarter Festivals, Inc., are the ones who help make the French Quarter Fest possible. This non-profit organization is also in charge of Satchmo SummerFest and Christmans New Orleans Style, two popular local events.

For more information on this year's line up of music and foods and a list of sponsors, visit www.fqfi.org or call (504) 522-5730.

HOROSCOPES



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Artists Preview for
French Quarter Fest

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CAMPUS NEWS

News at a Glance...

- International Fair, Thur. March 25, 11-1 behind Bldg.1 (rain-Gym)
- Delgado Theatre Dept. presents "Autobahn" opening April 9 at 8 pm
- Delgado student art exhibition April 8-29, Bldg.1
- Priority registration for Summer and Fall 2010 is Mar.22-May 21
- Delgado Theatre Department honored with Big Easy Award nominations
- Public Plant Sale, April 15-16, @ DCC Horticulture Green House, 9am-2pm

The Dolphin

Delgado Community College's Student Newspaper

The Dolphin is written, edited and produced by students enrolled at Delgado Community College. Signed opinions are those of the author and do not necessarily represent the views of the administration of Delgado Community College, other members of the staff, or the faculty adviser to the newspaper. *The Dolphin* reserves the right to accept or reject any submission or advertisement. Only publication constitutes acceptance of the submission or ad.

Letters to the editor should be typed, double-spaced, and not longer than 400 words. Guest columns should be no longer than 700 words. *The Dolphin* reserves the right to edit letters and guest columns for space and to reject any letter without notification of the author. Faculty and staff members should include their titles and department. Students should include their majors and classifications.

All submissions must include full name and phone number. Submissions can be mailed to The Dolphin, 615 City Park Ave., New Orleans, LA 70119 or brought to the Dolphin office in CP11 Room 104, Monday through Friday. The office phone number is (504) 671-6005, and the e-mail address is thedolphin29@gmail.com.

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- Faculty adviser*.....Susan Hague

Letters from the Editors

I can't be any more proud of The Dolphin staff. Everyone has worked so hard in making sure that each issue is one that people will be talking positively about.

It does take a little bit of work in order to actually publish an issue. From writing the articles and editing, to the tedious laying out, it all becomes worth it in the end. Never before has a group of people produced large issues at Delgado.

Typically, issues in the past were eight pages, twelve at the max. However, this semester, we have all been determined to turn over a new leaf and make The Dolphin one of the main sources at our college, through making it bigger.

As always, it is great to receive comments from readers, whether good or bad. This will help us become a much stronger staff! Remember that

we are always looking for contributing writers!

If you are interested in contributing in the next issue (in any way, shape, or form) please contact me at jromer@dcc.edu. I truly hope that you continue reading our paper, as we shall continue working hard on making it awesome!

J.C. Romero
Editor-in-Chief

Things are really moving right along this semester, and as the end approaches I am saddened to see a stopping point for the school paper. Luckily, it will continue next semester.

Although the Newspaper Reporting and Editing class may be worth only one credit hour, I can assure you that it feels just as heavy as your favorite math class.

One thing that I'd like to point out is that The Dolphin papers in the bookstore are free, so don't be afraid to take one. It is disheartening to see an untouched heaping pile of school papers sitting in a rack several weeks after they were set there, especially when you know how much work you put into that paper.

To read the paper is to support your school, support the community, gain knowledge, be entertained, and just look darn sophisticated. So have a wonderful day with the paper and your cup of coffee, you've earned it!

Scott Hoppmeyer, Jr.
Managing Editor

DOLPHIN SINK OR SWIM

<p>SINK TO</p> <ul style="list-style-type: none"> • Oak tree caterpillars • Short Spring Break • Rising gas prices 	<p>SWIM TO</p> <ul style="list-style-type: none"> • Sunbathing turtles • Warmer weather • Tax returns
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Coming Soon!

Ponchatoula Strawberry Festival

Friday-Sunday; April 8-10, 2010 in Ponchatoula, La.
Music, food and fun!

Directions
Take I-10 West to I-55 North; get off at Ponchatoula exit, and follow the signs

Corrections and clarifications: Issue 2

The bylines for Trichelle Flemings on page 8 were misspelled.

The byline for Ari Antoine's article, "Poetic Twist," on page 4 was omitted.

The Dolphin regrets the errors.

JUST LETTING YA KNOW



By J.C. ROMERO

It's that time of the semester again! The time where I put my feelings into a Microsoft Word document and submit it for publication, which then ends up in your hands. Well, I'm sure that after a stressful first half of the semester, some of us are trying to get back to a little more of the "norm."

I'm writing this column at 2:00 a.m., because I have just gone through hell and back. Today started off to be a good day. I went to school, visited with friends, and got some work done both in the SGA office and in the newspaper office.

I leave school and go pay

my car insurance right before AAA closes. As I hand the guy the money, he asks me, "Mr. Romero, would you like to become a AAA member? All you have to do is pay \$47 a month and you will receive free road-side assistance, free towing within a 3 mile radius of your destination (and you only have to pay \$3 for every mile after the three), and travel advice."

At first, I said no because, being a college student, I was trying to save money. However, as I walked out of his door, I looked back at him and said, "You know what? I'll take you up on that offer!" (Ya'll I swear there's a point to all of this; just keep reading!)

Anyway, I get home around 6:00 p.m. and receive a phone call from a friend of mine reminding me that this was the night that the school's play, Toys in the Attic, was showing. So I promised her that I would go and of course I did.

I get to the play at around 7:45 p.m. and see a good amount of people that I know. I sit next to one of my SGA senators and chat it up with her before the play starts. Finally the play starts at 8:00 p.m. and lasted until 10:45 p.m. or so.

When it was over, I got to talk to my very good friend who was the stage manager and she invited me to go to the cast's after party. Of course, I NEVER say no to parties! Haha. I told her though, that I was going to go home and change and get my camera and agreed to meet her at the party soon-after.

As I leave the Delgado parking lot, my car makes this obnoxious squeaking noise and I become worried at what it might be. Shortly after, I make the decision to NOT take the interstate home and go the longer way (through small streets) just in case something might happen to my car.

I take Metairie Road home and as soon as I turn onto Codifer Drive, I hear this thunderous KABOOM! As soon as that happened, my car began to overheat and smoke. I begin to worry about what to do next and how much I was about to spend just to be towed approximately two miles down the road to my house.

Luckily, I remembered that earlier in the day, I became a AAA member! This is what seriously saved my butt from spending \$150. I called AAA and they sent a towing truck which arrived in about

thirty minutes. To not be alone, I called my aunt who lived nearby and asked her to come keep me company.

When the towing man shows up, he attached my car to his truck and we head to my house. The guy begins conversation and asks me what "did I do?" I told him that I was a student and blah, blah, blah. I asked him how long he had been a "towing man" and he told me that he was in the business for a very long time!

As we get closer to my house, he asks me, "Do you know who the Saints are?" I thought to my self, "Are you kidding me!?!?!?" I looked at him dumbfounded and said, "I'm FROM New Orleans. Of course I know who the Saints are!" He then looked at me and said, "Well, I am ***** Hartley and my grandson is Garrett 'Hero' Hartley."

I looked at him and this huge smile came to my face! I then completely forgot that I went through hell with my car, as we were lost in conversation about his grandson and what not. When we arrived to my parking lot, he handed me a pen with his phone number and told me to keep in touch. I was surprised at all that I went through in just an hour or two.

Boy was this just one crazy day. First of all, I would recommend that all college students become a AAA member for JUST \$47 a month. This can seriously help you when you come to a "bump" in the road... literally! Also, always remember that everything happens for a reason. The way that the day just turned out to be was insane.

Having to use my membership the SAME day that I got it without even knowing I would use it, to me, is a blessing. And then meeting Hartley's grandfather was even more of an excitement. Remember, don't automatically whine about things that may look or seem bad at the moment. There may be a pot of gold for you at the end of the road!

I got a lot of comments from people wondering why this man wasn't getting help from his grandson and why he was still towing cars. His response to me was that this is the only way his 71 year old self stayed active and that he truly enjoyed what he did. "If you don't like your job, then you shouldn't be doing it. And obviously if I'm still doing this, it is because I love my job," he told me.

I'M JUST SAYING



By SCOTT HOPPMAYER

Why stay in school?

Sometimes when I tell people that writing is my passion and it's what I want to do for the rest of my life, they laugh or crack a smile. This does not bother me in the least bit because I know what the alternatives are for me if I don't continue my journey in education.

In early 2007, I began my college career in Tampa, FL with poor study habits that shadowed me from high school. It didn't take long

for me to dread exam dates or to compile a nasty attendance record.

I decided to take a break from school; something I had never done but had always longed for from the bottom of my soul. Shortly thereafter, I found that life is extremely lackluster if you don't have anything to do, so I got into trouble and moved to my birthplace, Metairie, Louisiana, with hopes of finding my designated place in life.

A couple months went by before I decided to try working for a living. I was able to get a job working in a steel pipe fabrication yard about 20 minutes from my new home. The pay was fantastic, as

I was bringing home more than \$500.00 a week. There



photo courtesy of Scott Hoppmeyer

were downsides of course. Workdays began at 6a.m.,

working weekends was mandatory, dangers were everywhere, and the hours were long. For 11 months straight I wore a hard hat and a pair of leather gloves, and slowly started to become numb to my aspirations for a successful life. I looked around me and saw 50-year-old men with the same job I had, making the same pay I received; thoughts of misery filled my head.

One day, my co-workers and I were moving a large

steel pipe with a forklift, when suddenly it came rolling off the forks with alarming speed and struck my knee. I almost lost my leg that day, due to a co-worker giving the operator a wrong signal. Towards the end of those 11 months of employment, work became a luxury because the economy was suffering. Instead of 7 workdays a week, I was lucky to get 4 and with less hours each day.

After I was laid off, I enrolled into Delgado with a whole new appreciation for education. My grades reached heights they had never seen, my happiness in life itself became stable, and for once I felt like I was on the right path.

This is where I am today, and that construction job I had is the only reason these words are being typed and read. Sometimes you need to lose everything to gain an appreciation for education and life.

Education breeds power;

The World Is Yours!

Pop, Pinch, Suck

Kick your tastebuds into crawfish gear

By Amanda Boudreaux

Popping off heads, pinching tails, sucking heads while enjoying a nice cold drink is the way to do it right when at a crawfish boil. Being invited to a crawfish boils is something most Louisianians would do anything to be a part of. With the music in the air, the scent of spices on your finger tips and the satisfaction of knowing the cold is over with the fresh crawfish on your tongue will make anyone run to a boil in a heartbeat.

To some peoples surprise there are some nutritional values found inside of the delectable crustaceans. They contain good proteins and iron while you are sipping on your cold drink; picking your next crawfish to pop, pinch and suck.

In 1994, a nutritional analysis of unwashed (fat-on) frozen crawfish tail meat was completed by the Louisiana Crawfish Promotion and Research Board conducted. The idea of the research project was to create a nutritional label that could be used by the en-

tire industry. The development of the information is the chart listed below.

NUTRITION FACTS	
Serving Size 3 ounces	
Amount Per Serving:	
Calories 70	
	%Daily Value*
Total Fat 1g	2%
Trans Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 120mg	40%
Total Carb 0g	0%
Dietary fiber 0g	0%
Sugar 0g	0%
Protein	15%
Vitamin A	10%
Vitamin C	10%
Calcium	6%
Iron	15%
*Percent Daily Values are based on 2,000 from diet	

If you ask people why they love crawfish boils, this is what they had to say:

“I love them because it is a great social gathering for one to enjoy, crawfish is just amazing! I mean where else can you eat food dumped onto a table with your hands” – Abbi Bergeron

“ I mostly like it because it’s a great reason to get together with friends and family. Being from New Orleans we always look for a way to throw a party, this is one of our

many ways.” –Brian D. “They’re a little challenging to eat, but they have an amazing tasting prize at the end.” -Catherine Lahare

With the nutritional bonus crawfish can supply to one, it becomes another reason to enjoy them. No matter what meal you are enjoying crawfish; it has always been a great past time

to all DCC students and faculty. The crawfish boil will be located at the Dolphin Patio from 11-2 and from 4-6. This will be a great event for students and faculty to gather together



photo by Amanda Boudreaux

An interesting tidbit about crawfish: There are over 500 species of crawfish in the world.

for friends and family to gather together and enjoy.

On Wednesday, April 14 SGA has planned and organized a great event called ‘Crawfest’ that will be open

and enjoy the mouth-watering food that Louisianians love to call crawfish.

Restoration project

Help save our pond

Compiled from staff reports

Last fall, if you were on campus, you may remember seeing the “Restore the Pond” project. In case you weren’t here for the event, several classes from a variety of programs at Delgado Community College joined efforts to

restore the pond that is a central feature of Delgado’s City Park Campus.

To help raise funds to purchase fish and plants, more than 200 students sold tickets for a “Restore

the Pond” 50/50 raffle. The winner received half the money collected and the remaining half went toward the purchase of hundreds of fish to stock the pond and



to the horticulture department to beautify the pond by adding new plantings.

The project will be continued this semester with another raffle. This semes-

ter’s project will be bigger and better. The classes participating include: Management, Business, Marketing, Horticulture and Mass Communication.

Also – look for additional plantings, which will take place during the SGA Big Event, Saturday March 27.

The project raffle will take place Wednesday, April 14 and Thursday, April 15, 2010, with the winner drawn on Friday, April 16.

Tickets will once again be \$1.00, so skip that candy bar and contribute to a great cause. You never know, you could be the 50/50 winner!

MOMENT OF TRUTH FOR MEN OF TRUTH!

What: 3-on-3 Basketball Tournament for men sponsored by Truth Family Worship Centers

Where: Delgado Gym, Bldg.11, City Park Campus

When: Sat. March 27, 12-7 pm

FREE Registration at 11 am and grand prize for best team at the end -\$1000

For more information call 504-307-2838



Delgado: then and now

History of our Future

By Dee Shedrick

By a show of hands, how many of you actually read the history of Delgado in the course catalog or on the school's website? It's okay, it didn't affect your midterm grades. According to Melanie Deffendall, sociology instructor, it's a privilege for many of us to be sitting at our desk because when the school opened originally, neither women nor minorities could enroll in classes at the school.

But that was 89 years ago; today the highest percentage of graduates are women and we have an array of students from all ethnic and cultural backgrounds getting an education from one of the oldest and most-revered institutions in the city.

When the school opened in 1921, only 1300 were enrolled. Today, the enrollment is about 17,000. In the beginning, the school offered courses like tailoring, welding, masonry, wood and metalwork and mechanics for fighter planes. In fact, as told by associate advisor Bob Monie, during WWII women welders helped make and repair helicopters, ships, tanks,



Delgado Trade School for Boys in 1921, represented on the steps of Issac Delgado Hall.

guns and other war artillery. Unfortunately, that was a temporary situation for the women because as soon as the war was over they had to leave the school, probably to go back

to being housewives. The young men returned to learn trades that allowed them to make a living and take care of their families.

Initially, the school was named Delgado Central Trades School. Then in 1960, after the school was integrated, it was called Delgado Trades and Technical Institute. Later, it was changed again in 1966 to Isaac Delgado College.

Shortly after that it was Delgado Vocational Technical Junior College and finally, in 1980 it became known as Delgado Community College. We are not sure how we got the Dolphin mascot, but originally we were the Delgado Turtles, according to Bob Monie.

Isaac Delgado was not a slim man, but that is what his last name translates to from Spanish to English language. If you ever find yourself on Jeopardy, Alex Trebek will be impressed that

you know that little piece of trivia. Delgado the man had several streams of income, but he made most of his

there is no place to go but up. Currently, a child care facility is being built behind the baseball field. It should be up and



Steps toward a better future of education. (Photos courtesy of DCC Public Relations&Marketing Dept.)

money in the sugar industry.

"We are in this school because one man donated an immense sum to the city of New Orleans to make a school that was unconventional," said Bob Monie. Delgado never married and seemed to have dedicated his life to making money and giving it away. He also was a serious art collector and gave money and pieces of art from his own collection to start the New Orleans Museum of Art, originally called the Isaac Delgado Museum of Art.

As far as the future goes for Delgado, it looks like

running by spring of 2011.

"So many students are parents and the center will be a good resource to care for and develop children," said Molly Jahncke, assistant director of publicrelationsandmarketing.

Delgado is consistent and on point with its mission; to provide a learning-centered environment in which to prepare students from diverse backgrounds to attain their educational, career, and personal goals, to think critically, to demonstrate leadership, and to be productive and responsible citizens.



Isaac Delgado made his fortune in the sugar industry and ironically had diabetes.



Students on the first day Delgado Trade School opened.

Delgado Fast-Facts Box

- 1921 Delgado opened its doors
- 1960 Delgado integrated
- 1966 Delgado became a junior college
- 1980 The school bears the name Delgado Community College
- Spring 2010 enrollment reaches a preliminary record high of 17,208
- Spring 2011 day care center is scheduled to be opened

Phi Theta Kappa

Smart service

By J.C. Romero

Many students who attend two year colleges are unaware of the honors and perks that may be available to them. One of the outstanding opportunities that many Delgado students may come across is being able to become a member of Phi Theta Kappa, the International Honors Society for the Two-Year College.

The society was founded in 1918 at Stephens College in Columbia, Missouri, and in 1929, the organization was officially declared the honor society of all two-year colleges by the American Association of Junior Colleges, which is now known as the American Association of Community Colleges.

Today, there are chapters in every U.S. state and in U.S. territories, Canada, British Virgin Islands, Marshall Islands, Germany, Micronesia, Palau and the United Arab Emirates. Omega Nu, is the chapter that resides at Delgado's City Park campus and Alpha Eta Pi is the chapter at the West Bank campus.

When students hear about Phi Theta Kappa, they

think that there are various requirements in order to join the organization. However, this is not completely true. In



Students of the Alpha Iota Upsilon painted a New Orleans home on Wed, March 17.

photo by J.C. Romero

order to become a Phi Theta Kappa, a student must have at least a 3.0 grade point average, must have completed at least 12 hours worth of courses, should be presently enrolled as a Delgado student, and must pay a one-time \$65 membership fee.

Something very catchy is that there is no need for a yearly membership renewal, as the individuals involved automatically become life

time members once they are inducted into the society. Another important thing that students are unaware of is that no honors classes are required to be taken in order to become a member.

There are tons of benefits and scholarship opportunities for those who become members. Emails from various universities are sent out to organization members, which include information on how to receive scholarships and other perks. Also, students are able to talk to their Phi Theta Kappa adviser when searching

for guidance in scholarship.

Those who become active chapter members can have the opportunity to travel and attend conferences which teach the scholars about service, leader-

ship, scholarship, and fellowship. Also, when a member is due to graduate, he/she will receive a stole to wear during graduation, which is used to acknowledge him/her.

Throughout the school year, each chapter participates in numerous service projects, including Habitat for Humanity, amongst many others.

Members from the Alpha Iota Upsilon chapter at Genesee Community College in Batavia, New York coordinated a week of service in New Orleans, and helped rebuild a home which was devastated with Hurricanes Katrina and Rita.

The Batavia students met up with some of the Omega Nu chapter (City Park campus) members and discussed numerous ideas which will help further develop Phi Theta Kappa and its mission, one being to serve others who are in need of help.

"When I first came, I

fell in love with the city, the architecture, food, and culture," said Alpha Iota Upsilon chapter president Brittany Boyce. "Hurricane Katrina impacted this city tremendously, and I know that if I were in the situation that many are in today, I would want someone to help me."

All City Park students interested in joining Phi Theta Kappa should contact Omega Nu chapter president Emily Boudreaux or advisers Kim Russell and Emily Clay, in Bldg. 1, office 115E-10. The deadline to apply to become a member at City Park is April 15.

Any Westbank students should contact Alpha Eta Pi chapter president Kim Darden or adviser Angela Camaille, in Bldg. 1, next to campus police. The deadline to become a member at Westbank is April 15. For all other questions and concerns, visit www.ptk.org.



Taking a break was extremely necessary after a day full of hard work.

photo by J.C. Romero

Delgado Crossword Puzzle

Y	S	S	F	V	L	B	G	P	Y	R	B	H	L	M	J	J	S	K	H
R	K	B	I	Y	I	L	P	R	Q	G	O	O	I	S	G	P	R	E	O
A	O	E	N	R	Q	A	A	T	A	N	O	D	O	S	N	Y	O	S	M
N	O	N	A	O	M	C	Y	B	O	D	T	L	C	K	T	E	L	J	E
I	B	G	L	T	J	K	R	R	E	E	U	I	O	I	S	I	P	W	W
L	T	L	S	S	F	B	S	Z	R	S	T	A	N	N	C	T	G	A	O
U	X	I	K	I	Y	O	Z	M	F	A	A	U	T	N	H	B	O	J	R
C	E	S	S	H	X	A	S	G	M	U	M	B	E	I	A	C	X	R	K
O	T	H	T	B	X	R	I	E	I	M	C	P	Z	R	O	V	E	X	E
Y	B	B	N	I	Q	D	H	I	O	L	N	U	R	S	I	N	G	T	B
U	J	U	E	C	Z	T	S	C	N	E	W	S	P	A	P	E	R	A	F
X	W	J	M	S	A	S	N	I	H	P	L	O	D	A	J	X	S	J	S
L	D	S	E	M	E	C	N	E	I	C	S	Q	S	B	P	K	M	P	P
O	O	E	C	W	S	K	C	U	D	B	R	K	U	T	E	E	A	R	Y
M	I	D	N	P	R	O	F	E	S	S	O	R	S	T	U	N	R	O	W
V	Z	E	E	O	A	O	E	T	I	F	U	M	B	J	I	D	Q	S	C
G	N	I	M	O	C	E	M	O	H	W	Q	A	W	S	P	I	E	R	V
O	E	G	M	X	G	O	V	E	T	L	L	K	H	E	S	W	N	N	X
N	R	N	O	X	U	G	A	X	U	L	R	C	L	A	S	S	E	S	T
S	G	P	C	X	K	D	A	N	H	R	C	K	J	I	T	Z	I	Q	O

WORD SEARCH

BASEBALL	COMMUNITY	GRADUATION	MIDTERMS	PROFESSORS
BASKETBALL	CULINARY	HISTORY	NEWSPAPER	SCIENCE
BLACKBOARD	DOLPHINS	HOMECOMING	NURSING	SPANISH
BOOKSTORE	DUCKS	HOMEWORK	PAPERS	STUDENT
CLASSES	ENGLISH	HONORS	PENCILS	TECHNOLOGY
COMMENCEMENTS	FINALS	MATHEMATICS	PENS	TEXTBOOKS

Sudoku Puzzle

	2	4	3	8				
					6			
	5	8				4		7
4				1				
			7		5			
				2				8
		1				6	7	
3			5					
				4	9	2	1	

Answers found on page 12

Feel the need to get away?

Tips for traveling on a student budget

By Amanda Boudreaux

Traveling for the weekend can be more affordable than you may think. While coming up with a creativity and/or interesting destination, students can find cheap weekend get-aways. There are so many deals available to students ranging from student discounts, travel packages, and other great deals intended for the young traveler. If you are willing to do a little clicking around on the web, you may surprise yourself with some of the travels available.

Venturing out to an unknown city or town can be very exciting. Sometimes these adventures can be found inside our own State. Pull a map of Louisiana close your eyes and point to a spot on the map. Open your eyes to see what the closest town is to your finger tip. Throw out your worries and hop in the car. Pack a few sandwiches, chips, drinks and sweets and head out onto the open road in front of you.

When I did this exercise last week my finger landed on Lafayette. It was only 2 hours west of New Orleans. I packed the car, made sure I had \$50 in my wallet, and headed west. To my surprise Lafayette has a lot to offer travelers. When I drove into the town I felt



On the state line of New Mexico and Colorado.

photo by Amanda Boudreaux

like I was driving right into the heart of Cajun Country.

The food was delicious with a spicy kick, the people were kind with a little French accent and the prices of the small town country stores were reasonable. At the end of my trip I still had \$10 in my wallet and a half a tank of gas to get back home. This was the perfect get-away for the one day road trip.

If your interest is to fly further outside of Louisiana, make sure you do your research. The

best way to find great deals (students rates) is to click...click...click...Become your own investigator when it comes to your travels. Learn all about the ways to get around town and find all of the local hotspots. Don't be afraid of calling. Sometimes you can talk the reservation desk into giving you a 'student discount.'

My Favorite site to research cheap flights is: [HYPERLINK "http://www.cheapflights.com/"](http://www.cheapflights.com/) www.cheapflights.com (this site will show you a large selec-

tion of airline search engines). First, you type in your location of departure and then your location of arrival. Press the button that says "I am flexible with my dates (show me the lowest airfares)" and a link will pop up with the lowest fares. Then click your preferred price, then you can check to see what the dates are and if they will work for you.

My choice of travels is to Washington DC for four days from Thursday-Sunday. Not only is it our Nation's Capital,

but all of the museums and attractions are FREE. So I typed in New Orleans to Washington DC at cheapflights.com and the price of flight round trip was only \$123.00! To me, this was a steal if the only other thing I need to pay for is lodging and food.

3 money saving tips for flying:

Pack a few dry snacks in your check-in baggage

Look for surrounding camp grounds (this can be the cheapest lodging out there)

Travel on off holiday season

We spend so much time stressing over school and work. Sometimes you need to give yourself a break. Take off of work for one weekend and bring your school books on the trip. The world is your own canvas.

You are already painting the education of your life and the success of your career. Add a little spice to your painting with a spontaneous trip to a place that is like an unknown world to you.

Whether your travels are near or far there is something exciting out there for everyone. Keep an open mind to the wondrous possibilities of travels available at prices that college students can still enjoy and afford.

Happy Travels to all!

SIFE joins forces with Hands on New Orleans

Local non-profit needs help

By Dee Shedrick

SIFE (Students in Free Enterprise), an organization that provides college students the best opportunity to make a difference and to develop leadership, teamwork and communication skills through learning, practicing and teaching the principles of free enterprise, has teamed up with the local non-profit, Hands on New Orleans.

Hands on New Orleans has enlisted the help of the students in Delgado's SIFE chapter to develop marketing

tools to inform the community about the resources available at their volunteer center.

"We are grateful for the opportunity to work with Delgado's Students in Free Enterprise," said Kertrina

will help to get the word out about the great resources we provide for volunteers and non-profits locally."

of all majors. If you are interested in joining SIFE, contact Moe Bode, Delgado marketing instructor and SIFE

faculty adviser at mcBode@dcc.edu or for more information log on to www.sife.org. Kertrina Watson Lewis can be reached at kwatsonlewis@handsonneworleans.org or visit www.handsonneworleans.org.



The organization offers several programs, such as: daily volunteer opportunities, volunteer leader training and volunteer housing.

Watson Lewis, executive director of Hands on New Orleans. "The marketing tools that they create will be an impressive addition to the SIFE project portfolio and

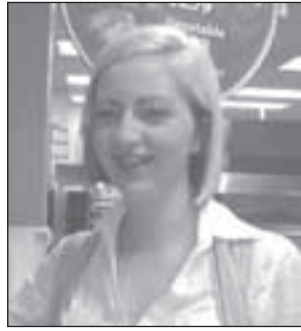
The two non-profits have partnered with one common goal: rebuilding and renewing New Orleans.

SIFE is open to students

OPINION POLL

What are your plans for Spring Break?

Compiled by
Trischelle Flemings



Katie Garere
Nursing major

"I am taking a trip to Panama City, Fla."



Brandon Gross
Marketing major

"I'll be visiting friends in Atlanta."



Chanta Braud
Theatre major

"I will be at Delgado rehearsing for a play."

Beautiful disaster

NOLA street construction

By Joshua Alexander

Some people call it a 'nightmare' while others call it a 'dream come true.' But no matter what the response is, it will be sure to start controversy. Who is this form-able foe that everyone has been talking about lately? It is the road reconstruction and work being done in New Orleans.

Almost every neighborhood is either under construction or being prepared

for construction. Such neighborhoods or streets in particular include Gentilly, Carrollton, the Bywater and Treme. Although this rehabilitation process will pay off in an extremely positive way soon, one just cannot fathom the excruciating headache it brings from time to time.

Everyone is very much aware of the fact that the reconstruction phase has been long overdue. Many say that New Orleans should have been prepped and primed for reconstruction

and revitalization a very long time ago. "This is something that has been needed to be done long before Hurricane Katrina," said General Science major Treniece Jenkins. "All we have to do now is just wait!"

New Orleans residents must be patient and look at it from a positive angle: "One must go through the bad in order to get to the good."

As adamant as numerous people can be with the road construction projects in the city, others mimic the same sentiments as well. "It's a wonderful occurrence

for New Orleans, but it is all happening pretty much at the same time," said Thomas Netterville of Bywater.

The reconstruction process can cause a headache to many, as large holes and bumps can negatively affect vehicles. "My car has been put into the shop numerous times in this year alone," said John Harper of Gentilly. "I hope this nightmare is over with soon before I go broke trying to keep up with the repairs to my car."

The ongoing construction serves as a beacon light to the city because it shows

the signs of optimism and recovery that are occurring in various areas. One of the only things that the city's residents can do is understand the importance of it and be supportive in the effort of making New Orleans roads free from potholes and cracks, though it will take a while and will be a working progress.

For information on road reconstruction and other projects, visit www.cityofno.com.

Gas Price Alert

NOLA area Top 3 Cheapest:

- \$2.47 - Brother's, 805 Behrman Hwy & Park Place Dr, Terrytown
- \$2.51 - Quickstop, 3331 Carondelet St & Louisiana Ave, New Orleans
- \$2.53 - Brother's, 2210 Airline Hwy & Clay St, Kenner

Cheapest Nation Wide: \$2.42 Spartanburg, South Carolina

Average in the Nation: \$ 2.72

Most Expensive Nation Wide: \$3.39 Milpitas, California

Highest prices in the NOLA area: \$2.85 - Chevron, 5600 Tchoupitoulas St & Joseph St, New Orleans

Answers

from page 12



6	2	4	3	8	7	5	9	1
1	3	9	4	5	6	8	2	7
7	5	8	1	9	2	4	3	6
4	9	6	8	1	3	7	5	2
2	8	3	7	6	5	1	4	9
5	1	7	9	2	4	3	6	8
9	4	1	2	3	8	6	7	5
3	6	2	5	7	1	9	8	4
8	7	5	6	4	9	2	1	3



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“Sorrow Floats”

Book review

By Pamela Ebanks

“Sorrow Floats,” written by American author Tim Sandlin, is part two of his GroVent County Trilogy. Tim Sandlin was born in Oklahoma and grew up in Jackson Hole. His style of writing brings to mind the works of Tom Robbins, Jack Kerouac and David Lynch. He has become the unofficial spokesman of the Grunge Generation because of his subject matter. He writes about America’s social underclass and kids that are products of broken homes. However, despite the despair of his characters’ lives he always manages to inject humor and hope. Such is the case in “Sorrow Floats”, the main character Maurey is full of false bravado and cynicism. Unable to cope with the death of her father (caused by a riding accident) she becomes a full-fledged alcoholic.

Things go from bad to worse for Maurey when drunk as a skunk she picks up her son from

his grandmother’s house, forgets him on top of her car and drives through town until the sheriff finally catches up with her and her husband Dothan Talbot who is a real hypocritical jerk takes her son away from her. Predictable enough, she tries to kill herself with an alcohol “overdose” but fails miserably in her attempt.

She then hooks up with two ex-drunks, Shane and Lloyd and embarks with them on “a road to perdition” type trip to re-unite with the daughter she had at 14 who now lives with her father in North Carolina.

This is of those tragic, life is so hard I can’t breathe books but, like a bad car wreck you want to continue reading. The style of writing is dark, comedic and clever. Maurey is a smart-ass mess but, you definitely wish her the best.

I definitely recommend this book and I look forward to reading more of Tim Sandlin’s works.

“It will violently yank you in!”

Fallout 3 Review

By Scott Hoppmeyer

Set your textbooks aside and aim your feet towards the laundry hamper, because Fallout 3 is about to knock your socks off.

From my earliest memories of

holding a square game controller with 3 buttons, to the sleepless nights I currently often suffer from button mashing on a controller and



photo by Scott Hoppmeyer

cursing at the television screen, I have always been captivated by the challenge and stories that video games have to offer.

Fallout 3 caught my eye when I was strolling through the isles of a local Best Buy, more than a year ago. I picked up the game and read the synopsis on the back of the case, much like you would a DVD before renting it from Blockbuster. My eyes widened from what the game supposedly promised. It sounded like the movie Mad Max, but I kept an open mind because companies will say anything to get people to purchase their games.

After buying Fallout 3, I drove home, a little faster than I would have otherwise driven. I even laid on the horn when slow-driving elderly people got in my way, shaking my fist at them as I passed.

I got home and struggled to open the case because of all the sticky tape and security strips, but managed and began the game.

It didn’t take me long to realize that I was experienc-

ing something magnificently innovative, and that’s when my addiction stuck out its Freddy-Krueger-like hands and violently yanked me into the barren wastelands of Fallout 3, a place littered with discoveries and danger.

You start out underground in a vault where your character has lived his/her entire life. The vault contains an underground community of people who dare not venture out into the above world, mainly because of their fear from the outcome of a radioactive war, which occurred on the surface many years prior to the start of the game.

Your character escapes the vault with a promise to find his/her father who is somewhere in the wasteland. The first view of the terrain can be overwhelming, as a mixture of desecrated buildings and radioactive craters surpass the horizon as far as the eye can see.

Exploring buildings, picking up items, robbing bodies, blowing heads clean-off, and gaining powerful new skills are just a few things to do besides the main missions. There are a plethora of options available and its up to the

player to make the right decisions in order to survive this apocalyptic nightmare that would make Freddy Krueger pee his pants.

To explore every area in the game and complete all missions would take more than 50 hours of your life away. That’s 50 hours of entertainment priced at a mere \$60. The entertainment value of this game is unlike anything that has ever been produced, and having played more than 100 titles for video game consoles since the age of 5, I would easily place Fallout 3 in my top 5 of all time.

Graphics, customization, weapons, exploration, story, scenery, character, and different ways you can kill enemies, are what make this game spectacular. To say I love this game would be an honest statement and a pure example of my character flaw, my addiction for superb video games.

Fallout 3 gets a 10/10 rating and I couldn’t find a single flaw. If you get this game and find my opinions to be true, check out the 5 packs of downloadable content available for it.

HOROSCOPES

FOR ENTERTAINMENT PURPOSES ONLY

By Amanda Boudreaux



Aries: (March 21 - April 20)

You are the daredevil. Think outside of the box and take on a challenge in life. Stay patient. There will be many obstacles to succeeding the challenge but with your passion you will pull through.



Taurus: (April 21 - May 21)

You are the warm-hearted one. Making good friends is your strength. Keep your generosity to others and it will then be returned to you.



Gemini: (May 22 - June 22)

You are the chatterbox. As lively, energetic and outgoing as you are use your smart senses and life will get a lot more interesting.



Cancer: (June 23 - July 23)

You are the protector. You are always there for others and sometimes you began to have a lot of stress on your shoulders. When others want to be there for you, except their support.



Leo: (July 24 - Aug. 22)

You like to be in control. With your great organizational skills this is the time of year for you to put yourself out there and help others get their lives organized.



Virgo: (Aug. 23 - Sept. 23)

You are a perfectionist. Sometimes it’s ok to be perfect, but this month let loose and let things just happen. You will be surprised yourself with what can happen.



Libra: (Sept. 24 - Oct. 23)

You are the harmonizing kind of person. As social as you are; step out of your comfort zone and take a break to be by yourself. This will open your mind.



Scorpio: (Oct. 24 - Nov. 22)

You are the type of person to be intense. Keep your mind focused and stay passionate about your future goals. Your hard work will show in time.



Sagittarius: (Nov. 23 - Dec. 22)

You are happy-go-lucky. At times you may feel that you don’t want to grow up, but you have a few important tasks in front of you. Just breathe and grow up while you complete them.



Capricorn: (Dec. 23 - Jan. 19)

You are a go-getter. Keep on aiming high while being patient on reaching your goals.



Aquarius: (Jan. 20 - Feb. 19)

Sweetheart! Currently you are hitting a bump in the road but keep that smile and honesty of your true self and there will be rewards at the end.



Pisces: (Feb. 20 - March 20)

You are a dreamer. With your head in the clouds keep your mind open to where others can see your creativity. Let your talents show.

Zodiac art by Danny Nicholas

ARTS & ENTERTAINMENT

Christy Works-Boutte

Local Artist

By Ashley Young

If you've seen the 2007 Gretna Heritage Festival poster, chances are you've seen the work of local artist Christy Works-Boutte. However, you may not know the artist behind the work.

Christy has been creating posters for local festivals since 2003, when she was chosen as the official artist for the Gretna Heritage Festival, one of the highlights of her career.

Other local festival posters that she has created include, The International Grand Isle Tarpon Rodeo, The Jean Lafitte Seafood Festival, and The Plaquemines Parish Fair and Orange Festival, which was named "Best Festival Poster" of 2008 by the Louisiana Association of Fairs and Festivals.

Christy grew up in Gretna, Louisiana and graduated from Archbishop Blenk High School, where she took an art class and realized that art was her dream. From that point on, Christy began taking private art lessons in addition to a few extra credit classes at Delgado Community College.

Following her pas-

sion, she attended Ringling College of Art and Design in Sarasota, Florida, where she became the school's first deaf

student to receive a Bachelor of Arts degree in 2000.

The main difference that sets her art apart from others is the texture and use of color combinations, in which she compares the mixing and layering of colors on canvas to the gracefulness of a dancer. Very passionate about her work, she describes art as being like oxygen to a body. "Without art, I feel like I could not breathe," Christy says.

Her signature series, "Love That," is inspired from the love of the subject,

and the heart that surrounds it means "from my heart to yours." She still creates pieces in the "Love That" series, however, other concepts have always retained the heart, sometimes obvious or hidden, as part of her signature.

In July Christy will represent New Orleans at the 4-14 Festival, which is a festival celebrating American and French cultures in Dijon, France, and has also been invited to be a guest judge for an art contest held by the George Rodrigue Foundation for the Arts.

In addition to her many accomplishments, Christy was chosen to design the 2010 French Quarter Festival and Crescent City Classic posters, where she will continue to love what she paints, paint what she loves, and this is what will allow her to stand apart from others.



Christy Works-Boutte stands in front of one of her pieces.

photo courtesy of www.artbychristy.com

Noisettes

Local artist review

By J.C. Romero

Noisettes brings an extremely new "noise" to rock. Sounding very much like a garage-indie-punk-blues band, the group is one who has captivated the attention of many music fans across the world. Stationed in London, this band consists three mates: Shingai Shoniwa, the female lead singer with Zimbabwean descent, Dan Smith, lead guitarist and backup vocalist, and drummer Jamie Morrison.

I was first introduced to their first CD, What's the Time Mr. Wolf? last year by my friend Nikki. At this point in time, I wasn't really open-minded when it came to music and bands.

Much less a rock band that had a female lead singer. Unfortunately, I was

one of those kids that only cared about what was really in at the moment.

However, this is one of those CD's that changed

just rocking out! It is a great opening song that allows any listener to get a good feel about what else is to come.

As the CD went on, the powerful vocals were taking over my car and I began to "nod" my head. I felt as though I

being played in such a way that can not be found or heard in many places. Today, more than ever, it seems that everyone wants to be in a band and pull together whatever they can. This band's instrumentation is incredible! I can seriously feel the power and energy that is being put into each instrument, due to the chills and adrenaline rush that I get.

One of the songs that really captured my attention is "Capture the Spirit (Sister Rosetta)." To this day, I have not yet figured out why exactly it is that this song is my favorite, but I am starting to think it's because it is one of the more powerful and exhilarating songs.

The lyrics that the Noisettes bring across are not those of the norm. Each

was being transported to a London rock club with tons of 'funky' people surrounding me.

Each song has a different beat and no one is alike in any way. One thing that I was really happy about is the fact that there were no vulgar words in any of the songs, which is something very uncommon nowadays.

The drums and bass are

is inspired by Sister Rosetta Tharpe who was an extremely popular gospel singer in the 1930s and 40s. If you hear the lyrics of the song, you will begin to understand the concept that they [Noisettes] are trying to bring across.

As the songs go on, it is noticed that they begin to mellow down and the beats become slower, but the intensity in the instrumentation continues to stay strong. These fascinating characteristics can also be found in their latest album, Wild Young Hearts, which was debuted in 2009.

To anyone that will dare to check this band out, I assure that you will be in for a treat! For more information on the Noisettes or just to listen to some of their music, you can visit www.noisettes.net.

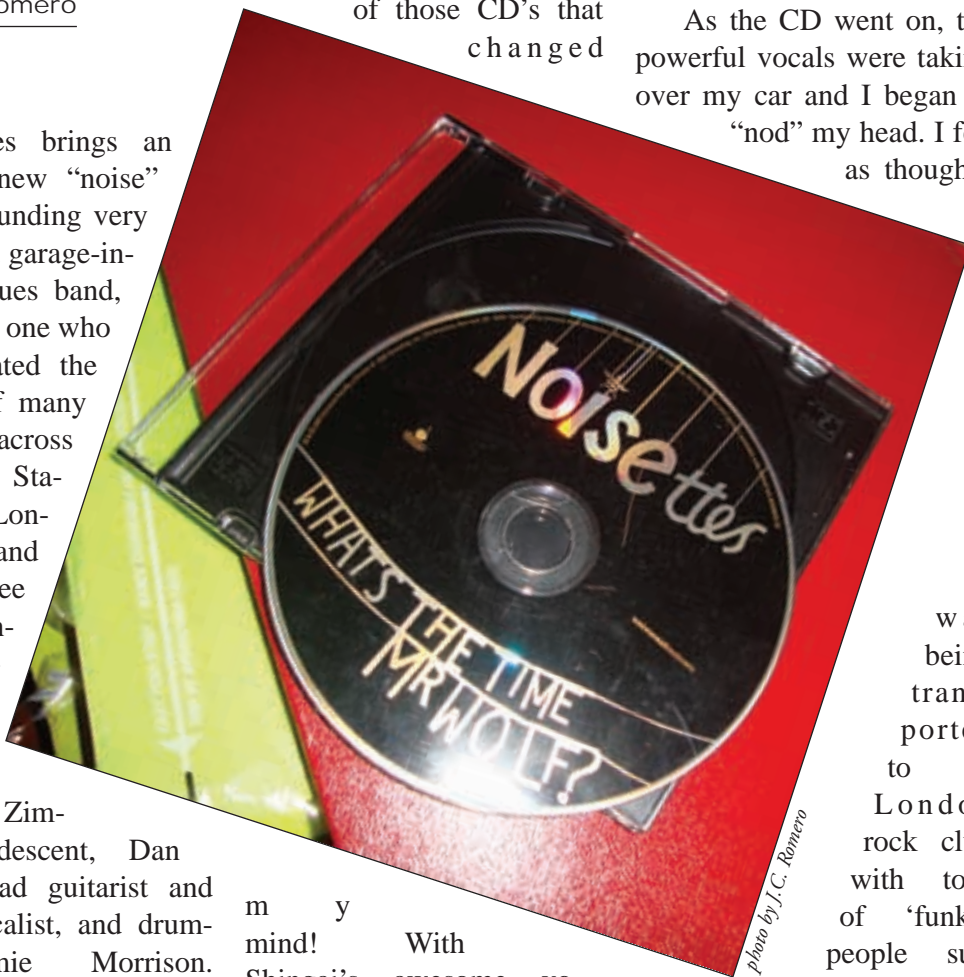


photo by J.C. Romero

my mind! With Shingai's awesome vocals and the incredible instrumentation, the band definitely captured my ears.

When I first entered that CD into my player, I didn't know that I was in for a treat. The first song, "Don't Give Up" allowed me to create an image of a band in a garage,

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Roundhouse Bar and Grill

Restaurant review

By Trichelle Flemings

When I walked into the Roundhouse Bar & Grill, the atmosphere was like that of the

Cheese Cake Bistro. It has an extremely romantic vibe to it.

During my review of their food, I sampled a variety of dishes on their breakfast & dinner menu. From the garden omelet to the crab cakes,



photo provided by Holiday Inn in Gretna, La.

all dishes were delicious. The morning that we went to the restaurant, we were greeted by an extremely nice hostess. Once we were seated, the hostess took our drink orders, offering us a glass of orange juice or the option to have an entire carafe for our table of two.

Even though they had a crowd, the wait for our breakfast wasn't long at all. Once our food was brought out to us, the morn-

ing seemed to go downhill from there. Even though the actual food was "okay," and came out pretty quickly, it was cold. Once we had the omelets sent back to be remade, they were delicious. The eggs

were nice and fluffy and the vegetables in the omelet were fresh.

When we went back for dinner, the service from the evening hostess wasn't as pleasant as that of the morning hostess. The evening hostess spent most of her time texting, or talking to our server. Though the service wasn't as good as the morning staff, the food was fabulous. I ordered a crab cake and crabmeat

au gratin combo meal. As the food was being brought out, the aroma of the dish completely got my attention.

Many times, the aroma of a dish turns out to be more appealing than the actual taste of the dish, but not in this case! The food was mouthwatering and it was some of the best I've ever had. Both dishes were prepared perfectly and did not let me down. The

crab cakes were huge and the actual crab meat used in the dish was well-seasoned. All in all, I feel that they can definitely improve on the service of the staff in the evening. Though there were minor negative aspects to the restaurant, I wouldn't mind visiting again. The food, when not cold, is amazing and mouth watering. Phone: 504-366-8535

Price point: \$10-\$15
Overall Rating: 6 out of 10

Location: 275 Whitney Ave.
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French Quarter Fest artist previews

The Dolphin staff picks

Pfister Sisters

*Sun., April 11, 12:30 p.m.
Jackson Square Stage*

The Pfister Sisters is a local jazz vocal group in the tradition of the legendary Boswell Sisters, who sang in New Orleans in the 1920s and 30s.

The Boswell Sisters used "close harmony singing," a style of music blending voices together to sound as one. For the Pfister Sisters, the mood and the tempo is ever-changing; one minute they are scatting and the next, a horn is blowing, but it's only a vocal imitation. The songs are performed a cappella or with piano accompaniment.

The sassy trio includes: Holley Bendtsen, Debbie Davis and Yvette Voelker. The Pfister Sisters are not blood-related, but once they get on stage, many will definitely think so. The Pfister Sisters will perform Sunday April 11 from 12:30-1:45 p.m. at the Jackson Square Stage. *-Dee Shedrick*

The Bone Tone

*Fri., April 9, 12:30 p.m.
Riverside Legacy Stage*

This Cajun band offers the sounds of accordions, fiddles, steel guitars, bass, and southern vocals to boot. Since 1987, this band has been performing its feel-good Cajun music. Part of what makes their music so much fun is the way they make audience members dance, clap, and stomp their feet to their distinctive sound and southern flavor. "The Bone Tone Brass Band" will be performing at the French Quarter Fest Friday April 9 at 12:30 p.m. on the Riverside Legacy Stage in Woldenburg Park. *-Scott Hoppmeyer*

Irvin Mayfield

*Sat., April 10, 12:30 p.m.
Jackson Square Stage*

Irvin Mayfield is a modern-day jazz man of many titles; trumpeter-ex-

traordinaire, composer, arranger and bandleader, among many. Born in New Orleans in 1977, he is a graduate of NOCCA and studied with Ellis Marsalis and Clyde Kerr Jr in the UNO Jazz Studies program.

In 1996, with Bill Summers, he co-founded Los Hombres Calientes, an Afro-Latin Jazz band which won Billboard's Latin Music award for contemporary Jazz Album of the year. He followed this album with Vol. 3 "New Orleans Congo Square," which was nominated for a Grammy.

Irvin Mayfield and his New Orleans Jazz Orchestra (NOJO) won the 2010 Grammy Award for "Best Large Jazz Ensemble." His talents are vast and his mission is to continue the grand legacy of New Orleans Jazz.

Irvin Mayfield and NOJO will perform Saturday April 10 at the Jackson Square stage at 5 p.m., and it's one show you will not want to miss!! *-Pamela Ebanks*

Fredy Omar

*Fri., April 9, 12:15 p.m.
Abita Beer Stage*

Honduras native Fredy Omar (con su Banda), known to some as "The Latin King of Frenchman Street" and "King of New Orleans' Latin Music Scene" will be showing off his multinational music skills at this year's French Quarter Festival.

With a wide range variety of beats, Omar is known to strongly captivate an audience with his rhythms and Latin-American melodies. Lots of his songs and tunes consist of salsa, rumba, mambo, cumbia, and merengue.

To many, his works introduce a taste of the numerous kinds of styles in music there are in Latin-American countries.

On Fri., April 9, 2010, he and his band mates will be demonstrating their exceptional music talents at the Abita Beer stage in Woldenburg Park at 12:15 p.m. To check out more of Fredy

Omar's biography and performance dates, visit www.fredyomar.com www.fredyomar.com. *-J.C. Romero*

Jumbo Shrimp Jazz Band

*Sat., April 10, 6 p.m.
NOLA.com Stage*

"Jumbo Shrimp Jazz Band" was formed in September 2009 on Royal Street in The Big Easy. The members spent many hot and humid afternoons playing music on the famous street, but since then have moved up to play gigs at local venues like Fritzel's and The Spotted Cat. They are also available to play for weddings and parties. They will be performing this year Saturday April 10 at 6 p.m. on the NOLA.com Stage in Preservation Hall. *-Amanda Perkins*

Kermit Ruffins and the Barbeque Swingers

*Sat., April 10, 3:15 p.m.
Abita Beer Stage*

The lively music coming out of the trumpet of Kermit Ruffins is a very captivating sound. Ruffins is known for packing the clubs and festivals with his upbeat music that is filled with the spirit of New Orleans.

In 1992, Ruffins started the "Kermit Ruffins and the Barbecue Swingers" band. They have become a popular group to see at numerous festivals and concerts throughout the country.

Sometimes you can catch Ruffins playing Louis Armstrong classics or you can find him at the French Quarter Festival playing with his band to their own classic sounding tunes. The jazzy sounds mixed with a bit of R&B and an old New Orleans feel, gets everyone out of their seat and onto the dance floor for some quick moving beats. "Kermit Ruffins and the Barbeque Swingers" will be performing at this year's French Quarter Festival Saturday April 10 at 3:15 p.m. on the Abita Beer Stage in Woldenburg Park. *-Amanda Boudreaux*

Amanda Shaw and the Cute Guys

*Sun., April 11, 4:15 p.m.
Crystal Hot Sauce Zydeco Stage*

Amanda Shaw, 19, is a local singer and songwriter from Covington, La., part of a breed of musicians that have a blend of traditional and pop sounds when creating music.

Five years ago in 2005 when she was 14, she was the youngest to win the musical award for the Big Easy Entertainer of the Year, and her self-released CD was among the top 10 bestsellers at the 2009 New Orleans Jazz and Heritage Festival.

Shaw leads her own band, the Cute Guys, named because most girls her age are interested in a different kind of cute guy, (in her band the youngest "cute guy" is 45), playing Cajun fiddle tunes, originals, and cover pop songs.

Amanda Shaw and the Cute Guys will perform at the French Quarter Festival Sunday April 11 at 4:15 p.m. on the Crystal Hot Sauce Cajun Zydeco Showcase stage by the La. State Museum/ Old U.S. Mint. *-Ashley Young*

Charmaine Neville

*Sat., April 10, 3:30 p.m.
State of Louisiana Stage*

Charmaine Neville, the daughter of The Neville Brothers' saxophonist Charles Neville, will be executing her profound music, along with her band at this year's French Quarter Festival. Being one of New Orleans' most talented artists, she has captivated audiences from all over the world. During her younger years, Neville served as a guest performer in her family's band. This served as an opportunity to gain experience in a field that she soon learned would be a life calling.

With her talents being focused in Jazz and Funk, she has been acknowledged to be a multi-talented in-

dividual due to her strong vocals and dancing skills. Throughout her career, she has debuted numerous albums, including: It's About Time and All the Way Live at Snug Harbor (1992), Up, Up, Up and Live on Bourbon Street Music Club (1996), Queen of Mardi Gras (1998) and Jazz Fest Live (2007). Today, she can be found performing on Monday nights at Snug Harbor on Frenchman Street. Charmaine Neville will be showing off her skills on Saturday April 10 at 3:30 p.m. at the State of Louisiana Stage in Jackson Square at the festival. *-J.C. Romero*

Loose Marbles

*Fri., April 9, 6 p.m.
NOLA.com Stage*

Imagine that you're strolling down Royal Street and you hear an eclectic mix of jazz and swing. You then walk around the corner to St. Louis Street and see a group of street performers playing musical instruments which include spoons, banjo, acoustic guitar, accordion, trombone, saxophone, washboard, bass, clarinet, and trumpet. These performers will more than likely be part of a local music group known as "Loose Marbles," which is made up of about 15 "street kids" who dedicate their lives to street performance. Because of this, they rarely play in clubs.

On any given day, you will see about 5-8 of them jamming on the street, and if you're really lucky, you may just catch "The Loose Marbles" performing with their singer, Meschiya Lake, who takes "street music" to a whole new level. Her soothing voice belts out melodies from the deep blues to sassy swinging tunes. Sometimes they are even joined by their two dancers who move unlike anything you have ever seen.

continued

on page 13

Growing green

Vegetable garden saves green

By Tricia Dukes

If you want to “go green” and reduce your “carbon-footprint,” if you enjoy the taste of true home-grown vegetables, if you want to save money by growing your own food, you might want to try your hand at gardening.

The most important thing to learn about gardening is choosing the right place for the right plant.

Many ask, “Where is the right place?” If this is your first garden, think small. Start out with a garden bed that is four feet wide and eight feet long, and some extra room all around, which will help you work comfortably. The garden bed needs to be located where it can receive at least six hours of sunlight. Morning sun with some afternoon shades is ideal.

Every gardener needs necessary tools, such as a large rounded edge shovel, hand shovel or trowel, and gloves. Depending on how close a water faucet is to the bed, you’ll either need hoses or water cans. Make a mark with string where you think the bed will go, so it is easier to

know exactly where to dig.

Use your shovel and scoop out any unwanted vegetation, sod, or grass. Proceed to shake as much dirt off the removed vegetation as you can; you can compost this, or throw it away. Start digging to a depth of about eight to twelve inches. If you find large roots, try to dig around them. If they are small, then remove them, along with any small rocks.

Turn the soil over and break up any large clumps of dirt. If you want to double-check and find out what kind of soil you have, check the LSU website at www.lsuagcenter.com.

Most of the New Orleans area has what is called “gumbo” or clay soil. Go to a local lawn and garden center and look for a bag of “aged” or “composed” manure. Look at the ingredients and look for a bag that contains manure, sand, and pine straw or hay. You will need at least eight 40-pound bags for your garden bed. Find a fertilizer that is labeled for vegetable gardens and follow the instructions carefully.

Then buy six bags of

any mulch you’d like except for cypress mulch. The way that this kind is made can be destructive to the environment. Then, mix the manure and fertilizer in with the soil well.

By this time, your garden bed should be slightly raised. You can either make furrows or slope one end downward for good drainage.

Some ask, “What is the right plant?” Now is Louisiana spring planting season, so look for the vegetables already grown from seeds (transplant): cucumbers, eggplants, bell peppers, hot peppers, zucchini, and tomatoes. If you want to do some extra research on plants that grow well here, if there is a farmer’s market nearby, talk to the vendors on what varieties of vegetables they think may grow best. Look into family-run local nurseries also.

These places will not carry things that are not going to grow well in Louisiana.

Get to know the people, as they can become valuable sources for information. Though their prices can be a little bit higher than the norm, it is worth it to establish a good relationship with them, which can lead to discounts, priority orders, and advice.

So now that you have your plants, in the bed you’ve created, you can fit about two plants of each kind. If you would like to fit a couple more plants, you need to buy a trellis or “tomato cage,” which will also be beneficial. On the LSU Ag-Center website you can find a publication called Louisiana’s Vegetable Planting Guide. This guide has information that you may not find elsewhere. Follow the instructions, and using your shovel, put

your plants into the ground.

Using your hoses or watering cans, keep the newly planted vegetables’ soil moist for a couple of weeks. Take the bags of mulch you bought earlier and cover any exposed soil with a two-inch layer. Mulching is important in order to keep the soil cool and moist for a good while, keeping soil-borne diseases away, as well as helping with weed control.

Doing all of this can serve as a stress reducer. After completing, you can finally sit and know that you “went green!” You also exercised in a way that is both healthy and therapeutic. Most of all, you now have the knowledge and satisfaction of knowing that you have grown these vegetables yourself. Now go out there and have fun!

photos by Crystal Strate



Artists continued

from page 12

The group will be performing at the French Quarter Fest but will then take the act on the road to New York and play in Washington Square, as they do almost every summer. Loose Marbles will be performing on Friday April 9, at 3:30 p.m. on the NOLA.com Stage at Preservation Hall. -Crystal Strate

Rebirth Brass Band

Sat., April 10, 8:00 p.m.
Riverside Legacy Stage

“Rebirth Brass Band” is a New Orleans music ensemble that was founded in 1982 by Philip Frazier, his brother Keith, and their friend, Kermit Ruffins. That same year, they performed at the New Orleans Jazz & Heritage Festival, which prompted their discovery.

Since then, “Rebirth” has toured in all over North America and Europe. Known for their brass band music, with the infusion of hip-hop, funk, jazz, soul and the second line tradition, the band has a big cultural influence in New Orleans.

Their popularity has soared to new heights in regards to local, national and international fans. Although Kermit Ruffins left the Rebirth Brass Band in 1992 and since then has formed the “Barbeque Swingers,” the other origi-

nal members continue to embark on a prominent legacy that will be remembered for years to come.

The Rebirth Brass Band will be performing Saturday April 10 on the Riverside Legacy Stage. -Joshua Alexander

On the wings of a dove

Pulitzer Prize-winning poet at Tulane

By Dee Shedrick

It's a pretty good turn-out for a chilly, wet Monday night to hear readings from Rita Dove's latest book, **Sonata Mulattica**. The more eager participants who arrived early had the pleasure of listening to a jazz trio, featuring the saxophone, acoustic guitar and bass. Even though there are lots of seats on reserve for faculty and creative writing students of the university, the perfect seat is found

she brings with her a calming energy that's soothing and relaxing. For an appetizer, she opens with, "Reunion 2005," a poem about delicious foods she eats and resonating accents she hears at a Southern family reunion.

Before each reading she describes in vivid detail the background and inspiration for each piece that allows your imagination to create the exact images in the poem she is reading.

to re-imagine the life of George Augustus Polgreen Bridgetower, a character she falls in love with while watching the film, *Immortal Beloved*, a movie about the composer Ludwig Beethoven. Dove put her curiosity to rest by beginning rigorous research on the biracial, classical violinist, who she says did not make it into the history books.

Bridgetower enjoys his 15 minutes of fame, playing in Paris, London and Italy. He even manages to get a sonata written for him by

ist. Her readings are live performances. Her voice, her words and her movements are eloquent and precise.

ors and awards, one of which is the Pulitzer Prize for poetry. Currently, she is a profes-



Pulitzer Prize winner Rita Dove is on tour with her new book **Sonata Mulattica**.

photo by Dee Shedrick



photo by Dee Shedrick

Rita Dove entertains an audience at Tulane while reciting her poetry.

Beethoven. They become friends and perform the composition together. Later there's a fight, the dedication is renounced along with their friend-

ship; over what else... a girl. Dove is a wonderful storyteller and conversational-

She blends fact and fiction together with effortless ease to tell a compelling story.

"What is it like to be different in a different society?" she continuously asks herself as she writes the book. What exquisite talent it takes to write poetry that shares a chronological history of an extraordinary man's life.

Dove is not only a writer, but a gifted singer and cellist. She has received many hon-

or at the University of Virginia. She has been married 31 years and has one child.

"She makes you want to read more," said Peter Cooley of the Tulane English Department as he introduced her.

After such a lovely evening, we are thinking, "No, she makes you want to buy this book!"

on one of the front rows.

As Rita Dove gracefully walks onto the stage,

The entrée, "Sonata Mulattica," is storytelling at its best. Dove says she tries

Delgado's literary magazine, **Images**, is accepting submissions for its 2011 issue.

Deadline: May 14, 2010

For more information, contact faculty adviser

Missy Diaz at (504) 671-6347 or

mfdiaz@dcc.edu

"AUTOBAHN," a play by Neil LaBute presented by Delgado Theatre Dept.

April 6 --18

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Poetry Corner

Compiled by Ari Antoine

I Cry

By Arienne Antoine

I cry not because
Life has me by the
Throat and I'm all
Caught up but simply
Because life has me by the
Eyes and I see the father
Silence has been granted unto me
So that I may see as my eyes focus
My soul bleeds while pain fills
The body and knowledge speaks
I cry
I cry not for me
But for all who will
Never see
For they will never be-able
To let there soul bleed
While the spirit
Breathes new life
Until the hearts content
Leaving them racing
Against the clock
Running down the block
Until life has shot forty rounds
Of that glock
While destruction brings
About the death of it
And the threat of legacies
Become mere more then
Mention
Instead life becomes a dissention
A dissention of/ deceit, hate and pain
In a form of a story
Titling it Lucifer's games
So once again
I cry
I cry/ for my eyes have
Seen so much/ and yet not enough
For blind I still am/ and blind they
Will remain not understanding
The pain that has fallen upon
Death ears/blind eyes and muted hearts
I cry
I cry
Not in pain from weakness
But yet
I cry from strength in pain
For life lessons is all it brings
Lessons from wisdom of knowledge
From the mouth of the
Everlasting / kings of kings
So once again/ I cry/ while
Bleeding strength of wisdom
So that my spirit will never
Thirst for what the flesh/ has
Been crust with and my eyes/
Will never dry with pain from
Weakness instead they will swell
Up/ with tears that form
As a storm in the midst
Of the rain while hurricanes
Flood my heart leaving my soul
To float like the bodies in
New Orleans until the spirit
Is able to set it free and I'm
Able to see all that the Lord

God has placed in front of me
Even when Satan tries to
Blind me with pain
From abandon memories
So until then I cry
And I will continue to cry
I will cry rivers of strength
Where truth lies and cry rivers
Of knowledge where lies begin
To reside for I know that with
Every tear my soul is able to see
What the spirit bleeds from the
Mouth of the almighty

Bitter Dilutions

By Scott Hoppmeyer
And the silence is shattered
Beyond the point of reparation

That's a sign that you're conscious
No more quiet obligation

My ears are ringing, and I can't close my head
Go back to sleep, leave those thoughts, let them shed

It's your birthday tomorrow
I've prepared a surprise

I'll be standing on eggshells
With tears in my eyes

Political Poem

By Scott Hoppmeyer
I can't change and I never will
At the bottom of my heart is an oil spill

From the reckless miscarriage of a precious cargo
Prohibited love, structured by an Embargo

Sail across the ocean with your peace treaty in ink
You'll be met by lead balls, so get ready to sink

Spread the disease as you conquer new islands
Stay off mine, it's already a dry land

Muted Scream

By LaTrina Antoine

I am screaming...
Syncopated shrieks lift
From bubbling pits
In my stomach.
Often asking
Why am I alone?
As this surge of anger
Rises like a flame, and
Devours my intestines.
Spicy syllables
Of words spoken
Annihilate fragile tolerance levels.
No, yelps drift
Through tendons
Like a rushing wave
Dilute my blood
With Ecoli polluted water.
It rips away
Vital organs
And becomes
Stagnant clots
In this once
Healthy body.

Shore no More

By Scott Hoppmeyer
Lagging again a sound so dearest
To my heart, no rather nearest
Upon your lips my thoughts did lay
Shallow shores of sunset's day
And time spent now is time spent last
More even so you dwell the past
From my own garden, thy touch did lay
A tender less flower, hath brightened my day
But crush me more the shallow shore
Whose waters melt in hell no more
For I am free and full of life
And like a flower whose colors delight
Your time has come to take its flight

SPORTS

Miss-Lou Conference

Coach Smith, coach of the year

By Amanda Perkins

Coach Tommy Smith, Athletic Director and Men's head basketball coach at Delgado, was honored with the award of Coach of the Year at the Miss-Lou Regional Conference this year. Coach Smith has been involved in Delgado's athletic department for 28 years and has made his mark at Delgado with seven Region 23 appearances and 4 conference championships, all under his lead. With all of these great achievements, he was bound to get this honor. Although the team was 14-15 this year they grabbed a Conference title. In an interview, Coach Smith shared his thoughts about the team, the award, and his passion for the game.

What does winning Coach of the Year of the Miss-Lou Conference mean to you and the organization?

My wife said I don't brag enough because getting the Coach of the Year award is important; it's a nice award. But also it's an award reflective of the team. I thought our team and my assistant coach Elden Irving did a great job of getting themselves ready for the Conference Tournament to play a very competitive series of games and when they did that, that was reflective of how they prepared themselves and what we were trying to get them to do. This honor is partly their honor too. For me its fine. I didn't expect it from them but they gave it to me and I'm proud of what they did and how they did it.

What brought you to Delgado?

I used to coach at Brother Martin High School. I was there for 5 years and at the end of the five years I was looking to move on to another coaching position. At that time there was an opening for a coaching position at Delgado. I had planned on moving on along the college ranks. I got the job as the assistant baseball coach. I used to coach baseball. So that's how I got here and I've been here ever since.

Why did you choose to be head coach of basketball instead of baseball?

At the time, the head basketball coach position was open. The previous coach even-

tually resigned and before he resigned I was the athletic director and I took my background in basketball and instead of hiring someone else I decided to become the head coach.

Delgado's baseball team gets a lot of attention. Is it your hopes to build up the basketball program to receive just as much attention?

Well, the baseball team gets a lot of attention and rightfully so. They are one of our premiere community college programs here in the south. A lot of people don't know this about our baseball program, but it's actually well known. We are well respected throughout the south. We are building the basketball program back up; both the men and women's teams back to where they were pre-Katrina. This is the third year that we've had our men's program back since Katrina and we are back to where we, I say where we, were before Katrina. We are in the spot where we can contend for a conference championship. We can contend for a regional championship and I'm pleased with that. We've got the right amount of kids, we've got the right quality of kids, and quality of good student athletes in both of our programs, so I'm happy with that.

Last season was not a successful season. What did you do differently to pick up your team and have a more successful season this year?

Well, last year I don't say wasn't successful for the type of student athletes and the type of program that I had envisioned for us. We were actually on track. I thought last year we could have won more games. Success, sometimes you measure it on wins and losses, but success is also the completion of a competitive season and that's what last year was about. It was a very competitive season and it was a credit to



photo provided by Coach Smith

these young men that played for me this year. They put themselves out there made some sacrifices and adjustments.

What do you think made this team successful?

The team leadership that we had this year. We had three captains and they had very different personalities, but it also brought a team unity that was very different from the team last year. This year's team did a lot of team oriented things where they looked out for each other and they made sure that each were doing the right thing by going to class and being on time. They also disciplined each

other before I had a chance to, I think that was a big plus. We had good team captains. Brian Gibson, Kevin Grigsby and Kenneth Burnette were our team captains and they did a great job of keeping the team together. They were trying to mirror what I wanted at that time and that was the important thing.

Your very involved in the basketball community, so what sparked your passion for the game?

Well, somebody once called me the "Godfather of Basketball" around here because I know a lot of people and I've seen a lot of student athletes

come and go. Back when I was a young person, and when I say young I was like nine or ten, I loved to play. I'd go to the school yard with a basketball goal, I would go up and play. One day it was raining outside and we were supposed to have practice and we had outdoor courts. I was just bouncing the ball in the kitchen and my daddy said what are you doing in here? I said its raining outside I don't think I'll have practice. He said how do you know if you don't go? I said, Dad its raining and he said, how do you know if you don't go? So I went and we didn't have practice but I was there and the coach was there and he just looked at me and said what are you doing here? That just let me know that I had a feeling for this game and wanted to play it. And I did. Its just something that is a part of me.

Who is you biggest influence on your style of coaching?

I'd say my biggest influence wasn't a basketball coach. It was baseball coach, Rags Scheuermann. He handled his players in such a way that they would take it upon themselves to motivate themselves, to make themselves improve, and make them understand what a team sport is about. You take what they did and you apply what you want to do in your sport. You want to have your own stamp on it and I think I did that with this group.

Coach Tommy Smith can be found at the City Park campus in Building 11, Room 145.

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The intramural side of things

What are intramural sports?

By Trichelle Flemings

The phrase “intramural sports” can seem odd to many. Most students don’t actually know the true meaning. Intramural sports is the department at Delgado that consists of sporting games and competitions within a school.

Though it’s recreational, it does not consist of many friends gathering together to goof off and play a sport in their free time. Though most of the teams are compiled of friends, there are guidelines one must follow first.

To be a member of an intramural team one must be a current student at Delgado Community College, maintain a 2.0 GPA, and must be taking a minimum of 6 credit hours. Though to make participate in the teams you must meet all of those prerequisites, there are no fees or additional requirements.

Through out the season there are a series of numerous games. Not just simple games

that students are just playing to condition themselves, but actual games that the students

Intramural Sports coordinator, sees the most interest in. Recently, he has seen an overwhelming interest in students

imagine how busy the coach and the team mates can become. From now until April 7, there will be games held every Wednesday. There will be



photo by Crystal Strate

Intramural players (left to right) Darryl Smallwood, Carlos Courtney, Donald Wise, and Gersham Ross are all on the team Free Agents. Randall Jones plays with B-ball Kings and is also part of the staff for intramurals. Darrius Foucher and Blaine Wimberly are part of team A.B.E. and Corey Jones is part of Space Jam.

are playing against each other. Like many other sporting events, there is always a referee.

At Delgado’s City Park campus, basketball is the sport that Coach Mervin Duque, the

wanting to make up a team for this sport. The second most popular sport is flag football. With all of the teams and games that are constantly played throughout the year, one could only

a combination of three different games being played at 3 pm., 4 pm., and 5 pm. With the upcoming season that Coach Duque is preparing for, it wasn’t a surprise that he’s

anticipating the performance of new student athletes. Cortne Oser is the newest member to the intramural baseball team. Duque speaks highly of her. “With every team you need a strong base, a foundation, someone who is confident, and driven,” said Duque. “Cortne is exactly that.”

He explained that from her first day out of the starting gate, she has been extremely impressive. “It’s hard to transition from one style of pitching to another, but she’s been confident in switching up her style,” said Duque.

Though intramural sports are competitions amongst Delgado students, there is an annual intramural sport tournament. This tournament is when the best of the best from all over the regions meet up to compete against each other. Each year the tournament is hosted in a different city. This year Coach Duque will take either the best Delgado intramural basketball and softball teams to compete. This year the tournament will be held from April 22 to April 25 at the University of Louisiana at Monroe.

Baseball season in full swing

Dolphins at 20-9

By Tyler Scheuermann

The 2010 Delgado Baseball season is in full swing, literally. The Dolphins are fresh off of a trip to Walt Disney World in Orlando, Fla., where they participated in the Disney Spring Baseball Invitational Tournament.

This year marks the team’s fifth year of being invited to participate in the prestigious event, and this year the Dolphins won three games and lost one.

Two games were cancelled because of some bad weather and poor field conditions that followed.

In addition to the games, the players also got a chance to visit the theme parks. Delgado was first invited to the Disney-sponsored event during the 2006 season, the first season following Hurricane Katrina in August 2005.

Since then, the Dolphins have compiled 25 wins and only 2 losses during their trips to Disney’s Wide World of Sports Complex.

Following Disney, the Dolphins returned to Kirsch-Rooney Stadium for a long stretch of home games which runs through the last week of March.

The team’s Region XXIII/Miss-Lou Conference schedule follows as Delgado takes on Meridian Community College and Baton Rouge Community College, as well as some other opponents, including Copiah Lincoln, LSU-Eunice, Faulkner State, and Southern University.



Delgado baseball team at Walt Disney World, Spring 2010.

Delgado Baseball Schedule Spring 2010

Day	Date	Opponent	#/Innings	Site	Time
Sat.	3/27	Meridian CC (MS)	2/7	Meridian, MS	2:00 p.m.
Sun.	3/29	Meridian CC (MS)	1/9	Meridian, MS	1:00 p.m.
Fri.	4/2	Baton Rouge CC	2/7	Baton Rouge, LA	1:00 p.m.
Sat.	4/3	Baton Rouge CC (LA)	1/9	Baton Rouge, LA	1:00 p.m.
Mon.	4/5	Copiah Lincoln	2/7	Kirsch-Rooney	1:00 p.m.
Sat.	4/10	LSU-Eunice (LA)	1/9 1/7	Eunice, LA	1:00 p.m.
Mon.	4/12	Faulkner State	2/7	Boy Minette, AL	2:00 p.m.
Sat.	4/17	Meridian CC	2/7	Kirsch-Rooney	1:00 p.m.
Sun.	4/18	Meridian CC	1/9	Kirsch-Rooney	1:00 p.m.
Tues.	4/20	Southern University (LA)	1/9	Baton Rouge, LA	6:00 p.m.
Sat.	4/24	Baton Rouge CC	2/7	Kirsch-Rooney	1:00 p.m.
Sun.	4/25	Baton Rouge CC	1/9	Kirsch-Rooney	1:00 p.m.
5/7-5/9			Miss-Lou Conference Playoffs	TBA	
5/21-5/23			South Central District Playoffs	TBA	
5/29-6/5			Junior College World Series	Grand Junction, CO	

For Schedule Updates or more information, visit us online at www.dcc.edu/athletics

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 Grilled Turkey & Cheese **Hot Sausage**
½ lb. Hamburger **Bacon Cheddar Burger** **Avocado Swiss Burger**

SPECIALTY PANINIS

served with chips or fries

Spinach Artichoke Panini Sautéed spinach, artichoke, feta, tomato & mozzarella
Dijon Pork Panini Roasted pork, Swiss & spicy Dijon mustard
Turkey & Avocado Panini Turkey, avocado & tomato with melted Swiss
Ham & Cheese Panini Baked ham with choice of cheese
Turkey & Bacon Panini Turkey, apple wood bacon, tomato & American cheese

SALADS

Sesame Chicken Salad Scoop of chicken salad on romaine, w/ bacon & almonds
Fresh Spinach Salad Fresh spinach, crumbled apple wood bacon & egg
California Cobb Grilled chicken, bacon, avocado, egg, tomato & cheddar
Mediterranean Greek Fresh spinach, tomato, black olive & feta
Caesar Salad

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Cold or Grilled Turkey Egg Salad
Monday Red beans & rice with smoked sausage
Friday Spicy BBQ shrimp poboy with chips
 Pressed with mozzarella & tomato

LUNCH COMBINATIONS

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*Cup of soup of the day *Small Caesar, Greek or Spinach salad

*1/2 of a chicken salad, egg salad, turkey or ham sandwich

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Grilled cheese or pb&j sandwich with chips or fries

Breakfast : Mon-Fri 8:00-11:00am, Sat 8:00-12:00pm, Sun 8:00-3:00pm

Benedicts

2 poached eggs on English muffin, topped with hollandaise & served with hash browns or grits

Eggs Benedict 8.95 **Turkey Avocado Benedict**

Spinach Artichoke Benedict

Omelets

(Served with hash browns or grits & toast or biscuit)

California Turkey, avocado, Swiss & tomato
Mediterranean Spinach, artichoke, feta, mozzarella & tomato
Southern Apple wood bacon, cheddar & tomato
American Baked ham & American cheese

Breakfast Plates

Any style 2 eggs with hash browns or grits & toast or biscuit Add bacon, ham, or sausage

Combination 2 eggs served with bacon, ham, or sausage & 3 small pancakes

Pancakes 3 large buttermilk pancakes

Egg Sandwich Bacon, egg & cheese on toast or biscuit add hash browns or grits

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