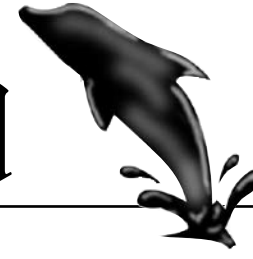




The Dolphin



February 2009

Delgado Community College

Volume 39: Number 1

Going green with Delgado horticulture

By Taryn Danneman

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With food costs reaching record highs, growing your own food does not sound like a bad idea. You know where the food came from and that it was not genetically modified if you grow it yourself, and you can save money, especially since, according to Bettie Abbate, Horticulture Director at Delgado, "Eighty percent of the costs to produce foods are spent on packaging, advertising, and transporting.... rather than actually growing the food."

Learning the basics of horticulture and cultivating your own garden can not only become a fun hobby but can also benefit your health, community and environment.

"Just as Barack Obama said at the inauguration, it is our responsibility to work together to help save our planet," Abbate said.

If you don't already

know, horticulture is the study of plants, grown out-

den using proper management, non-chemical ways

cludes plant clipping and composting. A compost is

ing projects at Delgado, such as landscaping for Habitat for Humanity or cleaning lead from soil by planting sunflowers and ecotourism (birding), students in HORT 101 learn how to work as a team and learn from one another while helping the community and environment.

Students also learn about permaculture, which is a fascinating way to design human environments/landscapes that blend science and art to create naturalistic, sustainable ecologies that mimic patterns and relationships found in nature.

Going back to more natural ways of cultivating foods eliminates the need for pesticides and chemicals that can be harmful on our bodies and the environment.

Going green while growing green can be ecologically sound, environmentally safe, healthy, and inexpensive.



photo by Taryn Danneman

Students learn how to grow and maintain gardens within the greenhouse and outside gardens in the Horticulture Department at the City Park Campus.

doors and within greenhouses. In Horticulture 101 students learn how to sustain and maintain a gar-

of growing plants and pest control, along with introducing students to permaculture.

Proper management in-

trients and moisture back to the soil, naturally fertilizing land.

Working together in horticulture service learn-

Who's who in black history

Quiz yourself on what you know

By Kendell George

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For the first time in American history, there is a black president and for the second time a black person has been head coach and quarterback of the team winning the Superbowl.

Many of us still may not know what black Americans have done to improve our lives. Take this quiz and see how well you know black history.

1. Who invented the traffic light?

A) Lewis Latimer B) Garrett Morgan C) Thomas Edison

2. What doctor found a way to store blood?

A) Dr. Martin Luther King B) Dr. Charles Drew C) Dr. Daniel Bouchette

3. She became the first American ever to attain an international pilot's license. Who is she?

A) Bessie Coleman B) Mae Jemison C) Marian Anderson

4. She became the first female, black or white, to become a millionaire by her accomplishments.

A) Aretha Franklin B) Madame C.J. Walker C) Maya Angelou

5. This group of African Americans flew with distinction during WWII and were later presented the Congressional Gold Medal for their services. Who were they?

A) The Dixie Hummingbirds B) The SNCC C) Tuskegee Airmen

6. Who was the first person to patent a fire extinguisher?

A) Lewis Latimer B) Thomas J. Martin C) Stephen King

7. He broke Babe Ruth's homerun record.

A) Barry Bonds B) Jackie Robinson C) Hank Aaron

8. Who has the most Grammy nominations in history and the most Grammys won?

A) Quincy Jones B) Jackie Wilson C) Beyonce Knowles

9. Who was the first man to win both the 200m and 400m races in the same Olympic game?

A) Jesse Owens B) Arthur Ashe C) Michael Jordan

10. He became the first black president of the Harvard Law Review and of the U.S. Who is he?

A) Clarence Thomas B) Eddie Jordan C) Barack Obama

Send in your answers to this quiz. First correct entry received at thedolphin29@gmail.com or in Bldg. 11, Rm. 104 will get the winner's name and photo in the next issue of *The Dolphin*.

Do you have a story idea? An upcoming event? Something you want to know about? Call *The Dolphin* at 671-6005 or email us at: thedolphin29@gmail.com

CAMPUS NEWS

News at a Glance...

- **Tuition Due for deferred payment plan:
Friday, Feb. 13 and March 13**
- **Maya Angelou Thursday Feb. 12 at
UNO Lakefront Arena, 7 p.m. , free
with ticket**
- **Mardi Gras Holiday:
Sat. Feb. 21-Wed. Feb. 25**
- **Midterms begin Mon., March 9**
- **Advanced registration for summer and
fall, March 23**
- **Last day to apply for graduation,
March 30 at 4:30 p.m.**

The Dolphin

Delgado Community College's Student Newspaper

The Dolphin is written, edited and produced by students enrolled at Delgado Community College. Signed opinions are those of the author and do not necessarily represent the views of the administration of Delgado Community College, other members of the staff, or the faculty adviser to the newspaper.

Letters to the editor should be typed, double-spaced, and not longer than 400 words. Guest columns should be no longer than 700 words. The Dolphin reserves the right to edit letters and guest columns for space and to reject any letter without notification of the author. Faculty and staff members should include their titles and department. Students should include major and classification.

All submissions must include full name and phone number. Submissions can be mailed to The Dolphin, 615 City Park Ave., New Orleans, LA 70119 or brought to the Dolphin office in CP11 Room 104, Monday through Friday. The office phone number is (504) 671-6005, and the e-mail address is thedolphin29@gmail.com.

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The caterpillars are back!

**By Stephen Monnerjahn
Delgado Health Services**

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Unfortunately this article comes earlier than usual, but the stage is set and as the weather begins to warm up, our annual visit will begin earlier as well. That's right! The caterpillars are back and here are a few things we should all be aware of when walking on campus.

Each year the oak trees on our campuses become infested with the Buck Moth Caterpillars and although they have a particular fondness for the oaks, they are not as picky as we may want them to be.

Any large shady tree in the area is a potential buffet for our spiny little friends and they don't like to be interrupted. The more they eat, the heavier they become and that is when they fall off of the branches and start looking for dinner parties near by.

Everyone needs to be mindful of bags, tools, carts, supplies, shoes, or anything else placed on or near areas where the caterpillars may be congregating.

During the early stages, caterpillars are very small and have a "cotton like" appearance and although they may look cute and cuddly, pack a menacing punch that can last for 24 hrs. The larger adult versions?? Well, let's just say they're big, ugly, and not known for their southern hospitality, so try and avoid them.

As long as we are conscious of them, they are easily avoidable and you can always use our covered walkways as well.

What should I do if I find one on my bag, clothes, or person?--

First: Don't panic! The last thing you want to do

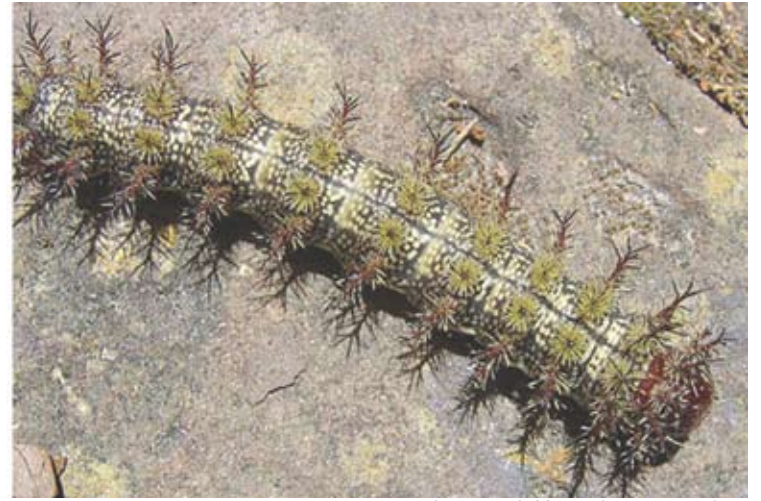


photo provided by Stephen Monnerjahn

The Buck Moth Caterpillar may look fuzzy and cute, but those hairs will sting whatever they touch.

is grab it bare handed. The spine like hairs are attached to glands that when touched or broken, secrete a nasty substance regardless of what, where, or WHO they are stuck to. These spines are primarily on the anterior portion or "TOP" of the caterpillar, so as the caterpillar strolls across the surface, it's under side doesn't do the damage.

Second: Don't panic. Shake it off or push it away from the area using a sheet of paper, gloved hand, notebook, shoe, or anything else that will keep it from coming into contact with the surface of your skin.

Third: Once you have escaped the sting and realize that the caterpillar is crawling away from you, remember that it is now completely exposed and vulnerable and let your conscience be your guide....

What should I do if I am stung??

First: Don't panic and don't grab it bare handed. See the pattern? A Buck Moth Caterpillar sting is relative to a bee sting, but just lasts longer. You should expect an initial burning sen-

sation with some inflammation and swelling at the site that usually lasts an hour or two but can last up to 24 hours depending on the severity and the amount of contact. **Only those with severe allergies to insect stings have a slight chance of experiencing nausea or respiratory problems.**

Second: Don't Panic. Wash the area immediately with cool water and look for any of the spiny hairs that may still be there. If you notice any of these left, a good piece of scotch tape across the site is recommended and should pull out any remaining residue.

Third: An ice pack on the area can limit the swelling and ease the pain, and Tylenol is an option when an icepack just doesn't do the trick. Some articles I've read also mention Cortisone and anti-itch creams, but also question their medicinal value. In my opinion, I recommend it.

Ultimately, these caterpillars are part of our campus so please stay alert as you go about your daily routines. If anyone has any questions, please feel free to contact me at 671 - 5620.

Dolphin Sink or Swim

<p>SINK TO</p> <ul style="list-style-type: none"> • Delgado's missing property • State budget cuts • Valentines Day 	<p>SWIM TO</p> <ul style="list-style-type: none"> • Mardi Gras • Obama as president • Blackle.com
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Electro-Sonic
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— Marcus Brown —





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Artist Demonstration 6:30 p.m.

— Exhibit Dates —
February 5 - 25, 2009

Information: Brenda Hanegan,
Interim Gallery Director (504) 671-6377

The truth about Valentine's Day

By **KIRSTEN TILLMAN**

thedolphin29@gmail.com

When some people think of Valentine's Day, it usually involves red roses, chocolate, and dinner, followed by a long walk under the night's moon hand and hand with their lover. Other people think this holiday as torture to singles that are forced with negative thoughts of another Valentine's Day alone. Most of us have been on both sides of the fence.

Valentine's Day is the holiday that we either love or hate. We may think if we have no one on Valentine's Day we are losers who may spend the night babysitting for friends and family with plans. Or when we have someone, we may be obsessive about making the holiday perfect and memorable.

The worst case scenario is when you are dumped on or before Valentine's Day, and left with dinner reservations to cancel. Your family and friends may be there to pick you up. But, you may still feel empty and bitter until you realize

being dumped has nothing to do with the emptiness you feel. The truth is that the emptiness was always there. It was the same emptiness you felt when you were sin-



g l e
a n d
t h o u g h t
that if you had someone, you'd feel better. However, being in a relationship just made the emptiness easy to ignore because you were relying on someone else to make you happy.

Once you realize that, you can tell yourself to never spend another day relying on someone else to make you happy if you can't make yourself happy.

We should ask ourselves if we really need a dozen roses and a box of chocolates or if we're really searching for what those things symbolize? There's absolutely nothing wrong with receiving those things and partaking in Valentine's Day festivities. There's also nothing wrong if you don't receive gifts, as long as you remember your happiness begins with you, because true love comes from within.

On Valentine's Day, you don't have to rely on who you're seeing to romance you. It may be better to have no expectations for the day, and to hang out with your friends, who are just happy to be together, having a candle-lit dinner and drinking wine, to have the best Valentine's Day ever.

Black History Poetry and Essay Contest sets rules, deadline

From staff reports

thedolphin29@gmail.com

As part of the month-long celebration of Black History, student writers have an opportunity to submit a poem, an essay, or both relating to a theme in the African-American experience.

The poem has to be 50 lines or less, typed on regular paper. Writers need to submit two copies, with one copy only the poem, no initials or name, and the second copy with the name, college-wide id number, home address, contact number, Delgado email address and current major typed in the upper left hand corner, then the poem itself.

Essays must be no fewer than 400 and no more than 500 words in length, typed with 1" margins and double-spaced. Writers will choose one of the following topics:

1. The impact of the U.S Supreme Court's Brown vs. Board of Education decision
2. The value of Black History month on a college campus.
3. DuBois's famous 1903 statement about the color line..."for the problem of the 20th century is the problem of the color line."
4. The place of affirmative action in today's society.

5. How art (a painting, scripture, song, dance, custom, or piece of literature) celebrates African-American culture.

6. The impact of the election of an African-American to the country's highest office.

For the essay, all sources must be documented using MLA format, and direct quotations should not be more than 15 percent of the entire essay. Three copies of the essay must be submitted, and essays will be judged on style and content. The scale of evaluation is 40 percent originality, style and persuasiveness, 30 percent, grammatical construction, 20 percent, and neatness at 10 percent.

All poetry and essay entries must be solely the work of the entrant, and must include a release and entry form, which verifies that the submission has not been published or won an award in another contest. It also means that you agree to allow your submission to be published in The Dolphin and/or Images.

Entries must be received by Friday, Feb. 27 at 4 p.m. in the City Park Student Life Office, Bldg. 11, Room 111, West Bank Student Life Office, LaRocca, Room 147, Communication Division at City Park, Bldg. 1, Room 147, or send to studentlife@dcc.edu.

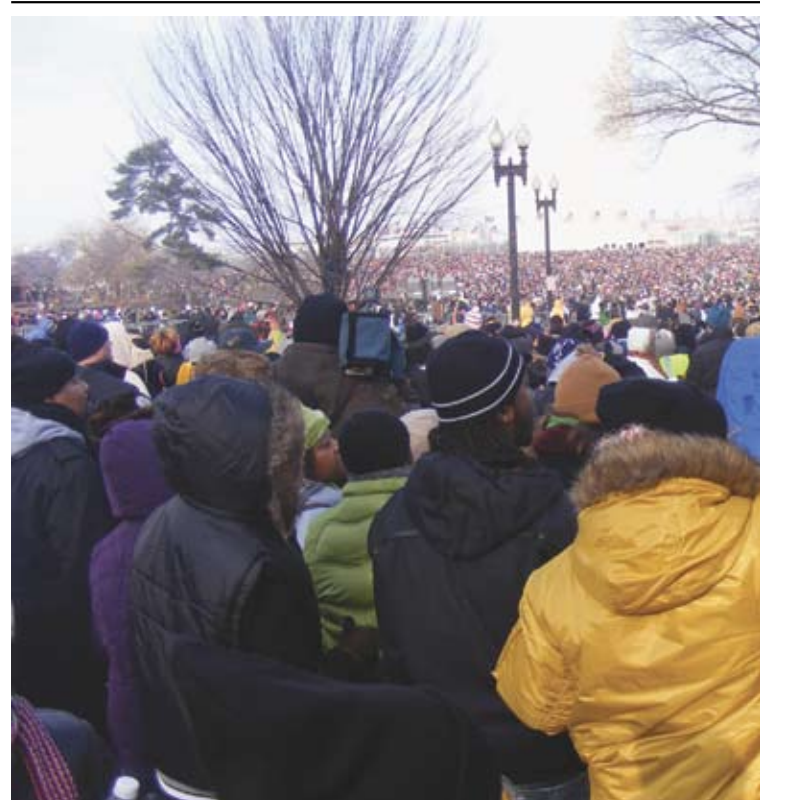


photo by Marc Guichard

More than two million Americans lined the parade route and filled the Mall in front of the Lincoln Memorial to witness the inauguration of Barack Obama as the first African-American elected to our country's highest office.

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