<table>
<thead>
<tr>
<th>Concept</th>
<th>Level 2 Exemplars</th>
<th>Level 2 Skills*</th>
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</table>
| 1-Acid-Base Balance | -Normal Acid-Base Balance  
-Metabolic Acidosis  
-Metabolic Alkalosis  
-Resp. Acidosis  
-Resp. Alkalosis  
-Compensated/Uncompensated | 1=Admit, trans, D/C  
9=Advance directives  
11=Verify comp & consent  
17=Report per law, abuse, comm. Ds, etc  
20=Recog ethical dilemmas & act  
21= Abbrev & std term'ogy  
30=Agency security plans  
32=Acknowledg & document errors  
37=restraint policies |
| 2-Advocacy/Legal/Ethical | -Role of Advocate in PC Setting  
-Protection of Vulnerable Pops.  
-Mandatory reporting laws  
-Ethical principles & theories  
-Ethical Dilemmas- Right to die  
-Assisted Suicide  
-ANA Code of Ethics  
-Use of Restraints  
-Prof. Boundaries | 1=Admit, trans, D/C  
9=Advance directives  
11=Verify comp & consent  
17=Report per law, abuse, comm. Ds, etc  
20=Recog ethical dilemmas & act  
21= Abbrev & std term'ogy  
30=Agency security plans  
32=Acknowledg & document errors  
37=restraint policies |
| 3-Assessment | Abnormal focused assessment | 47=comp health assess  
138= id patho w/chronic conditions |
| 4-Behaviors | -Resilience  
-Adaptation  
-Personality Disorders  
-Substance Addiction  
-Abuse and Violence | 60=Assess abuse/neglect/act  
61= Assess/intervene with drug/alcohol  
62=Care for anxiety, eating disorders, depression, dementia  
63=therapeutic environment  
66=Assess violence potential  
70=Inc behavioral mgmt. |
| 5-Cell Regulation | -Colorectal Ca  
-Prostate Ca  
-Lung Ca  
-Bladder Ca  
-Pancreatic Ca | 124=ostomy care/education |
| 6-Clinical Decision Making | -Interrelated | 1 = Admit, trans, D/C  
14 = Dev/eval/update care plan  
19 =Use info resources  
28 = Verify accuracy/approp orders  
29 = Handle biohazard proced  
34=Safe/approp equipment use  
88=Eval med orders  
101=Med reconciliation  
107=Evals responses  
112=Uses precautions  
131=Maintain optimal temperature  
137=Eval effectiveness |
| 7-Cognition | -Alzheimer’s  
-Belief’s r/t ageism  
-Schizophrenia | 72 = Care w/visual, auditory, cognitive distortions/hallucinations |
| 8-Comfort | -Sleep Rest Disorders  
-Palliative Care  
-Belief’s r/t death & dying | 65=End of life care & educ. |
| 9-Communication | -Defense Mechanisms  
-Group Process  
-Family Dynamics  
-Collaboration- Team  
-Conflict Resolution  
-Team STEPPS | 7=Interdisciplinary collaboration  
18 = Manage conflict w/clients & health are staff  
67=Family dynamics  
69=therapeutic communication  
71=Recognize non-verbal cues |

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| 10-Cultural /Spiritual | -Beliefs r/t Death & Dying  
- Beliefs r/t ageism | 55=Care & educ >85 yo |
| 11-Development | Interrelated | 79=Assess/mge alteration in elimination, e.g. bowel, urine |
| 12-Elimination | -Diverticulosis  
- Benign Prostatic Hypertension | 85=Eval I&O, intervene  
135=Mg F&L imbalance |
| 13-Fluid & Electrolyte | - Fluid imbalance  
- Electrolyte Imbalance | 15=Care of altered fluid & electrolyte balance |
| 14-Grief Loss | Interrelated | 30=Agency security plans  
36=ER response plan implementation |
| 15-Health Care System (Policy) | Interrelated | |
| 17- IC Regulation | -Parkinson’s | |
| 18-Immunity | -AIDS/HIV  
- RA  
- SLE  
- Immune Response  
- Hypersensitivity | |
| 19-Infection | -TB  
- UTIs  
- Cellulitis | |
| 20-Inflammation | - Gallbladder Dis.  
- Irritable Bowel Disease  
- Peptic Ulcer Dis.  
- Pancreatitis  
- GERD  
- Hepatitis  
- Hernias | |
| 21-Interventions | 14= Plan of care  
31=Ergonomic principles  
74=Tube feedings  
76=Irrigations [ear, eye, bladder]  
90=Med calculations  
91=Monitor/mntn iv  
[central, pice, venous access]  
92=Administer control drugs  
94=Titrate meds  
96=Access venous access devices  
99=Admin TPN  
100=Admin pharm for pain | |
| | 101=Med reconciliation  
105=Monitor dx test results  
106=Preform dx test: ECG, O2, glucose  
114=Get non-bld specs [urine, stool, wound]  
115=In/mntn/out NG tube  
116= In/mntn/out urine cath  
117= In/mntn/out peripheral iv  
119=Monitor/mntn drainage devices, s/p surg, chest tubes  
122= Wound care/drsg change  
123=Assist w/invasive proc [central line, thoracentesis, bronch]  
131=Mntn opt temp-cool/warm  
104, 108, 109, 125 = [Peri-op=Pre/Intra/Post Op=Level 2 Skills] | |
| 22-Management of Care | Interrelated | 13=Rec need/obtain referrals  
22=Organize workload  
25=Provide cost effect care  
56=Assess/plan for home care, env, equipment needs, community resources |

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| 23-Metabolism | -Diabetes  
- Cirrhosis/liver | 83 = Mge nut intake, adjust diet, monitor ht/wt |
|               | Failure  
- Metabolic Syndrome | |
| 24-Mobility   | -Herniated Disc  
- Osteoarthritis  
- Osteoporosis  
- ALS  
- Mult. Sclerosis | 73 = Assess w/ ADLs  
86 = Promote circ, e.g. AROM, PROM, positioning, mobilize |
| 25-Mood/Affect| -Depression (incl. Post partum; maladaptive grief)  
- Bipolar Disorder  
- Suicide | |
| 26-Oxygenation| -Sleep Apnea  
- COPD  
- Asthma | 127 = Perform suctioning, oral, N/G, endotrach, trach  
128 = Provide pulm hygiene  
[CPT, Incentive Spirometry]  
130 = Mge w/ impaired vent’l’/oxygenation |
| 27-Perfusion  | -DVT  
- Pulmonary Emboli  
- PVD  
- CAD  
- Heart Failure  
- Stroke  
- High Blood Pressure | 81 = Mge venous return devices, e.g. anti embolic sticks, comprsn devices  
129 = Mge client on telemetry  
133 = Mge client w/ pacemaker  
136 = Mge client w/ alt in hemo, e.g. cerebral, cardiac, peripheral |
| 28-Professional Behaviors | - Role of Specialty Organizations | |
| 29-Sensory/Perceptual | Interrelated | |
| 30-Sexuality/Reproduction | - Erectile Dysfunction  
- Menopause | |
| 31-Stress/Coping | - Generalized Anxiety Disorder  
- Caregiver role strain  
- Post-traumatic stress D/O  
- Eating Disorders  
- Obsessive Comp. Disorders  
- Phobias  
- Crisis | 68 = Assess client coping w/ life changes & provide support |
| 32-Teaching/Learning | Interrelated | 12 = Educ client/staff on client rights & responsibilities  
35 = Educ on home safety  
38 = Educ on infection control  
97 = Educ client re: meds  
108 = Provide pre/post op educ  
113 = Educ client re: rx & proc  
141 = Educ client re: chronic condition |
| 33-Tissue Integrity | Wound healing | 122 = Wound care/drsg change |

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