

TECHNICAL STANDARDS

ESSENTIAL FUNCTIONS FOR MASSAGE THERAPISTS

Prospective students of Delgado Community College's Massage Therapy program must be willing to work with a variety of clients. Attention to detail and accuracy is imperative. An ability to be versatile, empathetic, congenial and understanding are desirable traits. Since at times the Massage Therapist works under stress, the ability to cope with a stressful situation is important. Clinical and laboratory assignments for the program require certain physical demands which are the technical standards. The purpose of technical standards are to inform prospective students of the physical and sensory demands necessary to perform the minimum asks of a massage therapist. If a "No" response is given to one of the tasks, reasonable accommodation will be considered and utilized as appropriate to maintain program standards.

Communication Skills

Students should be able to:

- Communication promptly in English (verbally and written) with patients, family members, physicians, and all members of the health care team.
- Read and comprehend written instructions to deliver appropriate patient care.

Hearing Skills

Students should be able to:

- Hear patient and health care team questions/comments face to face and without being face-to-face, faint cries for help, emergency call bells, equipment timers, equipment alarms, fire alarms, telephone ringing, overhead pages, etc.

Vision Skills

Students should be able to:

- Visually monitor patient in low levels of light
- Read requisitions and charts

Motor Skills, Strength, and Mobility Skills Students

Students should be able to:

- Manipulate equipment using fine motor skills
- Safely push a stretcher, wheelchair, or other transport equipment and ancillary equipment from a patient room, patient treatment area, or patient waiting area to the Massage Therapy department.
- Safely lift, assist and maneuver patients from a stretcher or wheelchair to the massage therapy table.
- Raise arms above head and in all directions to manipulate massage therapy equipment.
- Stand and walk for extended periods of time (6-8 hours).

- Lift ten (10) pounds of weight above head.
- Perform all aspects CPR and Basic Life Support
- Effectively perform precise hand and finger coordination and motor skills while applying Massage techniques.

Social Skills

Students should be able to:

- Function effectively under stress.
- Respond appropriately to constructive criticism.
- Maintain professional behavior at all times.
- Utilize intellectual and emotional skills to exercise discretion in handling confidential medical information.

Name: _____

LOLA#: _____

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Signature: _____

Date: _____

Note: Signing this document acknowledges that you have read and understand the essential functions for Massage Therapist and can perform all functions.