

# DISTRESSED STUDENT DECISION TREE

Signs might include the following: excessive absences, plummeting academic performance, self-isolation, poor personal hygiene, unable to control emotions or behavior, interpersonal dependency, engaging in high risk behavior, over-exercising, alludes/expresses emotional distress.

## Speak directly with student

- 1) Schedule a 1-1 meeting.
- 2) Let someone else in your department know of the meeting so they can be available if necessary.
- 3) Tell student what you've noticed about their behavior that has caused your concern.
- 4) Ask open-ended questions; avoid "Why" questions.
- 5) Listen to student's response.
- 6) Be accepting.
- 7) Restate what you have heard.

## Assess: Is this an emergency?

- 1) Is there imminent danger of harm to self or others?
- 2) Is the student behaving in a threatening or violent manner?
- 3) Does the student seem out of touch with reality?
- 4) Does anything else about the situation seem threatening or dangerous?

(Yes to any of these = emergency)

YES

NO

### Risk to Self or Out of Touch with Reality

*Alert Campus Police and Inform student you are calling someone who can help. Allow him or her to call:*

*Metropolitan Human Services:*

**504-826-2675**

### Risk to Others

*Call Campus Police: 504-671-6111*

**Though not emergent, is it nonetheless urgent?**

**Report student to Student Life via :**

<https://cm.maxient.com/reportingform.php?DelgadoCC>